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- 1. Complete sign-in sheet located at the back of today's handouts and return to hcourson@khconline.org.
- 2. Participate in all polling questions.
- 3. Complete the evaluation at the end of the presentation.

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KDHE-KHC Antibiotic Stewardship Series

April 7 What is Antibiotic Stewardship:
Emphasis on Accountability and Leadership

May 5 Antibiotic Stewardship Measurement and Metrics

June 2 Antibiotic Stewardship Metrics: How and what to report

July 7 Antibiotic Stewardship Activities:
Implementing practical interventions tailored to your facility

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3

Presenters



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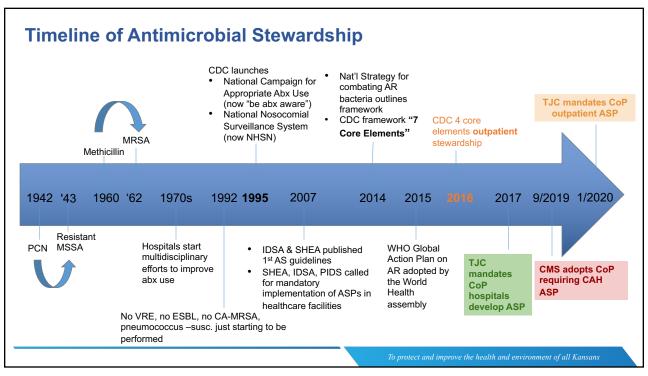
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Objectives

- Review the state of antimicrobial stewardship programs in KS
- 2. Define antimicrobial stewardship (AS), and review the evidence in support of AS
- 3. Review the core elements of inpatient stewardship
- 4. Review the importance of leadership and/or commitment challenges
- 5. Identify and strategize how to overcome leadership and/or commitment challenges

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5



Joint Commission and Antibiotic Stewardship

- · 2017 Joint Commission started tracking outpatient abx use
- 2018 proposed requirements for ambulatory antimicrobial stewardship (AS)
- Jan. 2020 require ambulatory care centers to have a program to maintain accreditation
- · Joint commission framework intends for facilities to:
 - · Identify an antibiotic stewardship leader
 - · Establish an annual stewardship goal
 - · Implement evidence-based practice guidelines
 - · Provide clinical staff with educational resources
 - · Collect, analyze, report data related to goal

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Question 1

For critical access hospitals participating in Medicare Beneficiary Quality Improvement Project (MBQIP), what is the deadline for **full** implementation of an Antibiotic Stewardship Program following the CDC's 7 Core Elements?

- A. Jan 1, 2022
- B. August 31, 2022
- C. Jan 1, 2023
- D. August 31, 2023

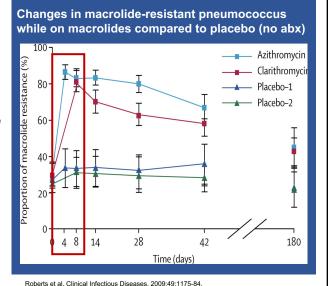
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Why Focus on Antibiotics?

Antibiotic use contributes to:

- Antibiotic resistance (AR): use it AND lose it?
 - In as guickly as 4 days, 3x increase resistance pneumococcus in throat swabs while on macrolide vs.
 - AR = increased costs (MDROs compared to susceptible prolong hospitalizations 24%, costs 29%)
- · Adverse events (e.g., #1 cause ED visits from meds)
- Collateral damage (e.g., C.diff)

Pennsylvania HealthCare Cost Containment Council Jan 2010 http://www.phc4.org/reports/hai/10/docs/hai2010report.pdf
Maudlin et al. Antimicrobial Agents and Chemotherapy. 2010; 54(109-15.



Malhotra-Kumar S. et al Lancet 2007;369(9560):482-90

9

Toll of Antimicrobial Resistance

AR annually contributes to:

Deaths

- •30k (CDC 2019) to 186,000 (2022 Sys Rev.)
- •10% all infxn- deaths attributable to AR
- •4.95 mil. assoc./directly 1.27 mil. (global)

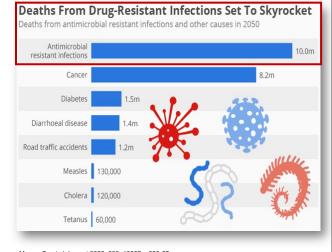
Infections associated w/ AMR

- •2.8 million (US)
- •4.95 million (global)
- •453,000 *C.diff* infections \rightarrow 30,000 deaths (US)

Costs

- •\$55 billion added costs (US)
- •\$100 trillion (global)

equiv. to a 2008 financial crisis every year



Murray C., et al. Lancet 2022; 339; 10325: p629-55.
Worldbank; Smith R, Coast J., BMJ 2013(346).
O'neill J. Tackling drug-resistant infections globally - AMR review. 2016; https://doi.org/10.1006/pdf. es/160518 Final%

CDC Threats Report 2019; https://

Antibiotic Resistance Impact

Carbapenem Resistant Enterobacterales (CRE) (e.g., E.coli, Klebsiella, Proteus, Enterobacter)

- 3-4 fold increased mortality (vs susceptible infections)
- 60% mortality for CRE BSI
- 2 fold higher risk discharge to SNF
- \$22-66k per CRE infection (hospitals, \$37k-83k societal costs)
- \$130 million attributable HC costs

Gasink L., et al. ICHE 2009;30(12):1180-85 Tamma P., et al. CID 2017;64(3):257-64 Antonanzas F., et al. 2015;33(4):285-325 Bartsch S., et al. CID 2017;23(1):48:e9-48.

Carbapenem Resistant Acinetobacter baumannii (CRAB)

Ubiquitous in nature, can survive for surfaces on wks → prolonged outbreaks, patient-staff movements b/w HCWs

WHO critical pathogen for abx development

- · 5 fold increase mortality risk
- 70% mortality for CRAB BSI (28-day)
- 50% Acinetobacter infections are MDR
- \$130,000 (2016 est.) additional per infection

Nelson R., et al. ICHE 2016;37(10):1212-18. Spellberg B., et al Nat Rev Drug Discov 2013;12:963 Kim T., et al. Medicine. 2018;97(43):e12984.

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11

Regional Antibiotic Resistance Trends Kansas Reported Carbapenem Resistant Acinetobacter baumanii (CRAB) & Carbapenem Resistant Enterbacterales (CRE) 400 345 350 300 250 194 200 150 129 128 100 76 68 57 57 48 48 48 48 50 CRAB CRAB, CP-producing CRE CRE, CP-producing ■2019 ■2020 ■2021

Question 2

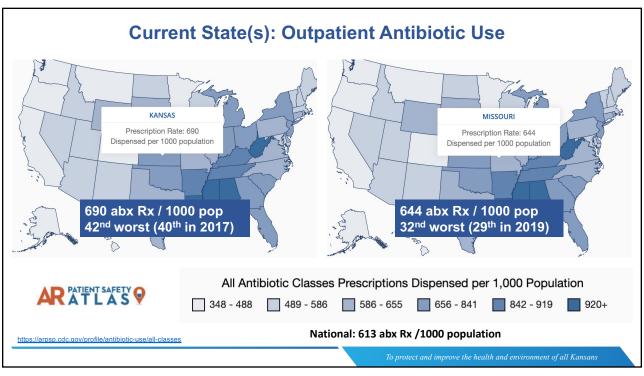
True or False:

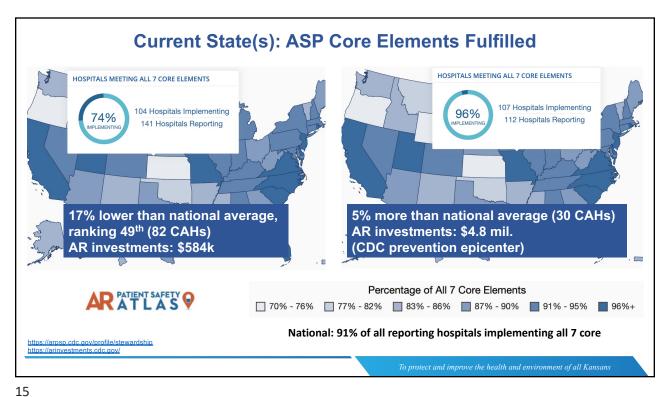
The use of antibiotics is the #1 most modifiable risk factor contributing to antibiotic resistance

- A. True
- B. False

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13



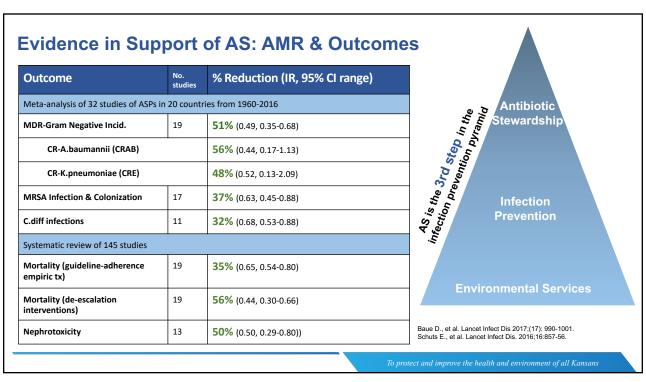


Evidence in Support of AS: Antibiotics & Savings

- 81% reported decrease in antibiotic use (60 programs, Cochrane)
- · 22-36% reduction in antibiotic usage
- 25% average cost reduction (27/29 studies)
- \$200,000 900,000 savings (large-medium hospitals)

Cochrane Database Syst Rev. 2005(4):CD003543.
Patel D., et al. Expert Review of Anti-Infective Therapy. 2008;6:209-22.

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17

Question 3

Which of the following is NOT a goal of an antibiotic stewardship program:

- A. Promote appropriate antibiotic use
- B. Reduce antibiotic-related adverse events
- C. Improve access to diagnostic tests
- D. Reduce antibiotic resistance
- E. Provide cost-effective care

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Antibiotic Stewardship Program Goals

Targets:

- · Improve abx prescribing
- Measure prescribing
- Minimize mis-dx or delayed diagnostics contributing to abx overuse
- Ensure the right drug, right dose & right duration are selected when an abx is needed

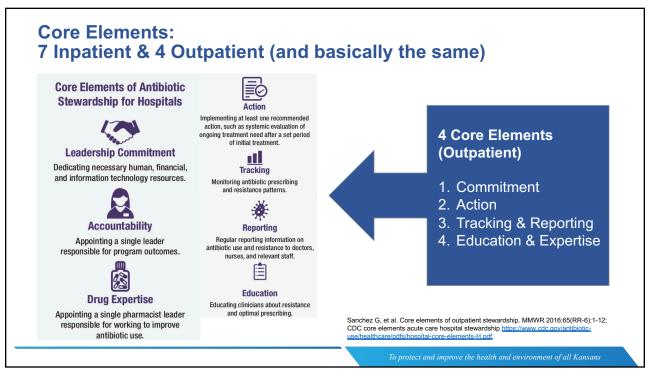
Goals:

- More prudent abx use → less resistance
- · Reduce adverse events
- Reduce morbidity
- Reduce mortality

Barlam T., et al. CID 2016; 15(62)(10): e51-77. 51 MacDougall C et al. Clin Micro Rev 2005; 18(4): 638-56 Dellit T., et al. CCID 2007; 44:159-177

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19



Question 4

True or False:

Leadership commitment is the single greatest predictor of whether or not facilities have an established ASP?

- A. True
- B. False

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21

Core Element 1: Leadership Commitment

Leadership support:

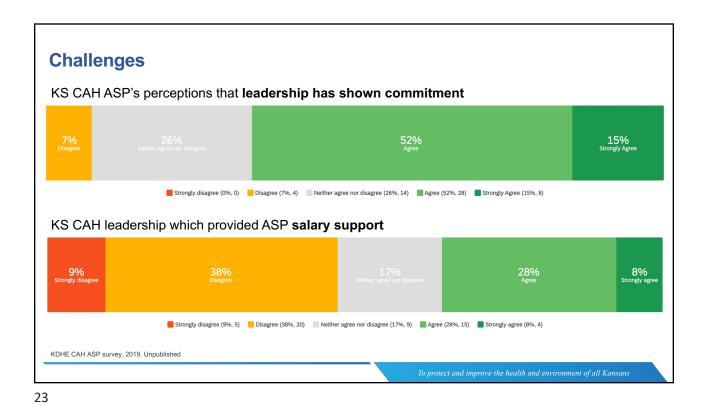
- Dedicate necessary human, financial, & IT resources
- Owners, governing boards, admin., medical, pharmacy & nursing directors

Single greatest predictor of whether or not KS facilities have an established ASP

- Barriers
 - Financial/resources
 - · Lack of awareness
- Goal of AS leader to emphasize value (costs + outcomes) & once est. important to remind leadership of AS values, gains

Barlam T et al CID 2016; 15(62):e51-77. Kansas Department of Health and Environment. 2018 Hosp AS workshop survey. 2018, unpublished.

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Examples: Commitment

Priority examples

- Leader given time to manage program & conduct interventions
- Resource allocation (staff, IT, marketing, education)
- Formal statements of commitment (e.g., include in annual reports)
- Appoint hospital or clinic executive to be AS "champion", ensure med director participates

Other examples

- Set clear expectations for leadership & staffing (include in contracts, job descriptions upon hire)
 & responsibilities & outcomes
- Create a culture around optimal abx use (messages, newsletters, emails, ongoing communique)
- Allocation of educational time & resources to clinicians, staff, patients





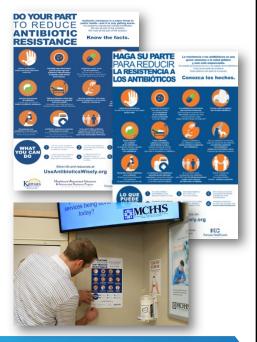
- · Commitment posters
 - · Accountability when faced with pressure during the visit
 - 20% reduction in inappropriate abx (RCT of 5 clinics)

English customizable poster:

http://www.khconline.org/files/POSTER-UseAntibioticsWisely11x17.pdf

Spanish poster:

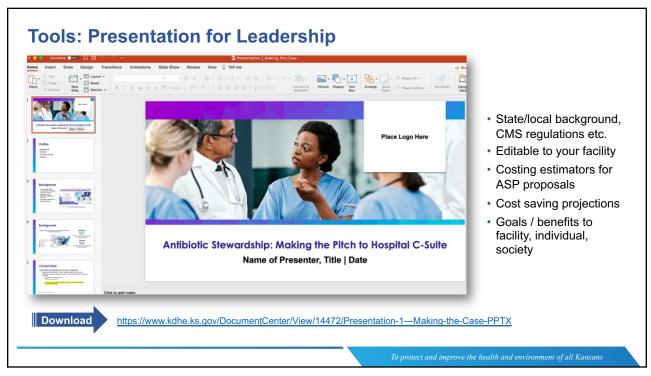
https://www.khconline.org/files/POSTERUseAntibioticsWisely24x36_SPANISH.pdf

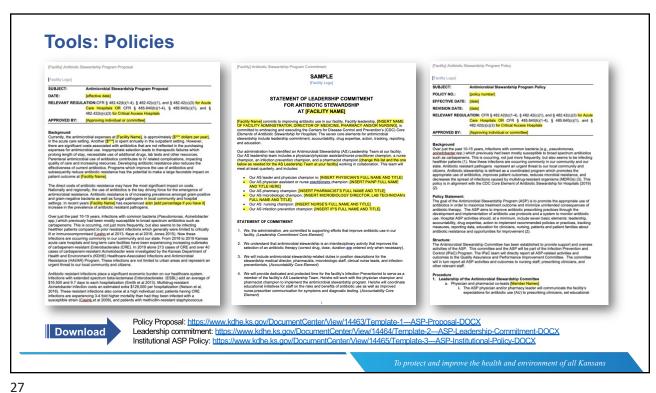


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Meeker D et al JAMA. 2014;174(3):425-31. Kufel W, Open Forum Infect Dis 2018;5(suppl1:S527.

25





Question 5

What ways are you using to monitor antibiotic prescribing, antibiotic use, antibiotic resistance (select all that apply).

- A. We monitor adherence to existing antibiotic policies
- B. We track specific data related to clinical conditions
- C. We monitor antibiotic use, either by unit or facility wide
- D. We monitor outcome data
- E. We are not regularly tracking any antibiotic utilization or resistance data.

Core Elements 2: Accountability

Appoint the leader & co-leaders

- Physician, APRN, PA, PharmDs
- · Practice managers, nurse managers

Respected, esteemed

- ID or abx knowledge
- If/when co-led, ensure clearly delineated roles
- Responsible for program management & outcomes

Informal leaders

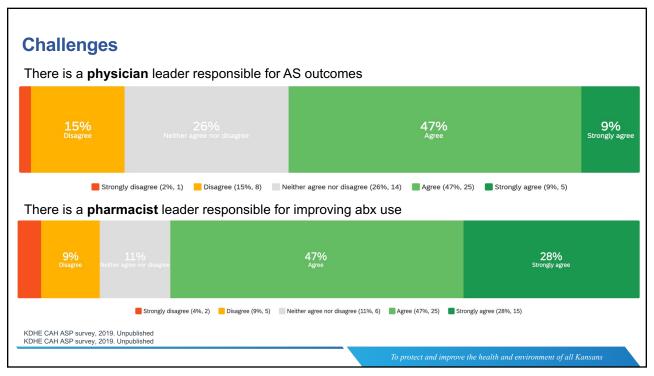
- · Influence peers' attitudes & behaviors
- Can make or break your program



Barlam T et al CID 2016; 15(62):e51-77. Flodgren G, Cochrane Database Syst Rev 2019;24;6. Grol R et al Lancet 2003;362(9391):1225-30

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29

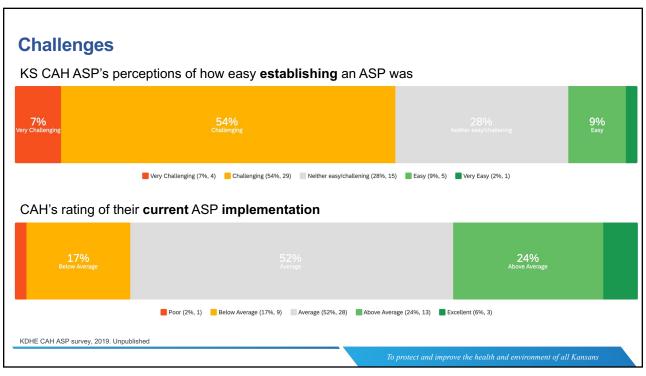


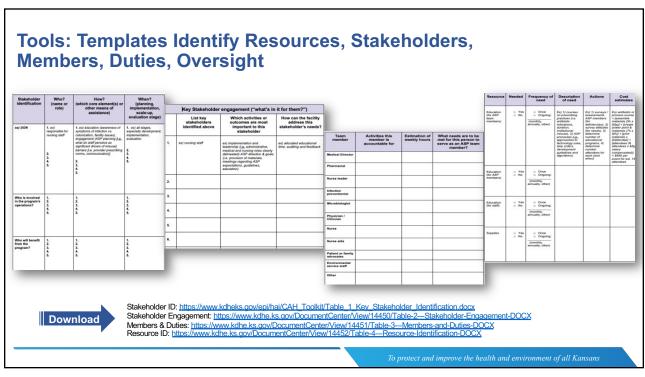
Examples of ASP Accountability

- · Oversight by governing body
- Leadership training
- · Med director sets standards for prescribing
- Nursing director ensures nursing staff engaged, aware of ASP activities & goals
- · Pharmacist reviews & audits
- Micro provides surveillance data (i.e., antibiogram)
- · Hospital or clinical quality measures as AS goals

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31





33

Homework

Review the **metrics** currently used in your facility to track antibiotic use DOT, DDD, or costs

OR

Tracking Infections

Survey:

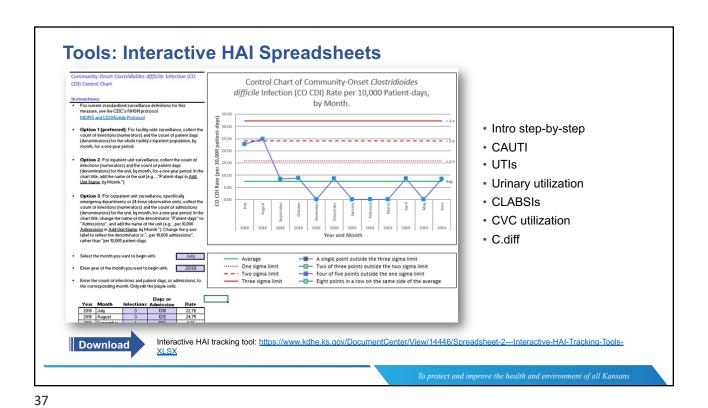
https://kdheks.co1.qualtrics.com/jfe/form/SV 1zfKZD6h9mtdEsS

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Last calendar year or last 12 months (alternatively, start with one month)			nfection	#	Antibiotic regimen most often prescribed				prescribed				
What are the 3 most common infections, or conditions, (i.e., asymptomatic bacteriuria, acute COPD exacerbation) for which catients are treated with artibiotics	1			cases	Antibiotic 1		Antibiotic 2		Antibiotic 3				
What proportion of asymptomatic bacteriuria cases are treated with an antibiotic			x) UTI atheter)	Ex) 15/mg. (avg)	Drug: ceftriaxone Dose: 1 gram Route: IV Duration: 4 days		Drug: piperaciliintazobactam* Dose: 4.5 g (1/4 Rx were 3.375 g) Route: IV Duration: 5 days (average))		Drug: levostoxacin Dose: 500 mg (2/3 Rx were 750) * Route: IV (1/3 Rx PO) Duration: 7 days (average, including		Summary of facility antibiotics	Number	
What are the 3 most common antibiotics prescribed for UTIs (including asymptomatic bacteriuria)	1.	=									Total number antibiotics reviewed		
What proportion of acute bronchitis (without COPD) are treated with an antibiotic	u	1							(average, including IV to PO conversion)		Total number of data sources reviewed (in addition to antibiotic orders)	,	
What proportion of acute bronchitis cases (with COPD) are treated with an antibiotic		%			Drug: Dose:		ug: ose:		Drug: Dose:		Summary of facility antibiotic appropriateness	Number	%
		Patient name/	(drug,	ug, for	notes	Micro/ imaging	Infection surveillance	In	fection alignme	alignment (Antibiotic appropriate based on clinical documentation	on	
What are the 3 most common antibiotics prescribed for acute bronchitis (regardless of whether the patient has COPD or not)	1. 2. 3.	date	dose, duration)	antibiotic	,	results	log		veillance there eria met police		Antibiotic appropriate for microbiologic data (and/or POC studies such as urinalysis, serologic, molecular studies,		
What are the 3 most common antibiotics prescribed for community acquired pneumonia	1. 2. 3.	ex) A, 1/1/20	ex) Cipro 250 mg p.o	ex) UTI	ex) Urine catheter in	ex) UA packed	ex) UTI	ex) N	o ex) No		or other lab data) Antibiotic appropriate for imaging		
What are the 3 most common antibiotics prescribed for hospital acquired pneumonia	1. 2. 3.	17 1720	BID x 14 days		place, cloudy urine	WBC, UC<10k	Ok		e !		Antibiotic indication aligned with expectations outlined in facility policies/protocols (if applicable)		
What are the 3 most common antibiotics prescribed for cellulitis or infected wounds (and/or other skin and soft tissue infections ISSTIs!)	1.	ex) B, 1/2/20	ex) cefazolin	ex) celluliti	is ex) erythema, fevers	nts ex) n/a	ex) SSTI	ex) Y	es ex) Yes		Antibiotic indication aligned with CDC surveillance case definition		
Other infections a concern in your facility:	1		cerazonn					\perp					
What are the 3 most common antibiotics prescribed for	3.						1-12						
Other infections a concern in your facility: What are the 3 most common antibiotics prescribed for	1. 2. 3.										-		
Facility Guidelines	· ·												

Tools: Facility Profile, Infection Profile (LTACH, SNF, NH oriented) Last 12 months or last calendar year Last 12 months or last calendar year Number Clostridioides difficile Licensed beds Facility onset infections Admissions Numbers of non-duplicate isolates of following isolates: Patient days Carbapenem-resistant Enterobacterales (E. coli, Klebsiella spp., Morganella morganii., Proteus spp., Providencia spp.) Average daily census Carbapenem-resistant Pseudomonas aeruginosa Number of prescribers ESBL Enterobacterales Clinical pharmacists (hours per month) Methicillin-Resistant Staphylococcus aureus (MRSA) Patient characteristics Average daily census Residents with indwelling urinary catheters Residents with pressure injury o Stage 1-2 o Stage 3-4 o Unstageable / unable to determine Penicillin-Resistant Streptococcus pneumoniae (non-meningeal MIC) Erythromycin-resistant group A Streptococcus Clindamycin-resistant group B Streptococcus Patients admitted with acute on chronic foot or leg ulcers Other MDROs of concern: Facility profile: https://www.kdheks.gov/epi/hai/CAH_Toolkit/Table_12_Facility_Profile.docx Infection Profile: https://www.kdheks.gov/epi/hai/CAH_Toolkit/Table_13_Facility_Infection_Profile.docx Download

36





KDHE wants to help with AS/AR, contact:

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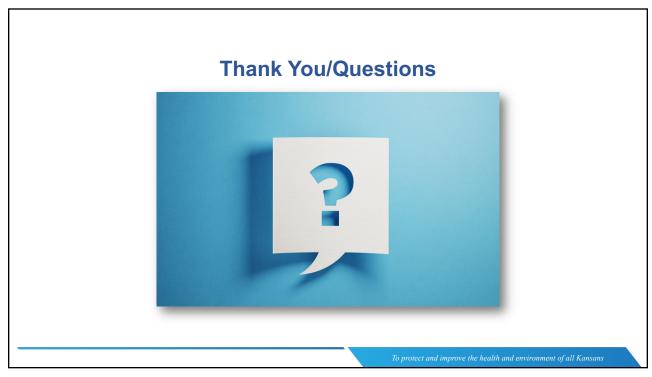
Bryna.Stacey@ks.gov

HAI/AR ProgramGeneral Contact

KDHE.HAIAR@ks.gov 785-296-4167 24/7 Epidemiology Hotline

KDHE.EpiHotline@ks.gov 877-427-7317

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39

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Please complete our brief feedback survey

Post-webinar Survey - April 7

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