

KHC Office Hours for Compass HQIC

September 22, 2021

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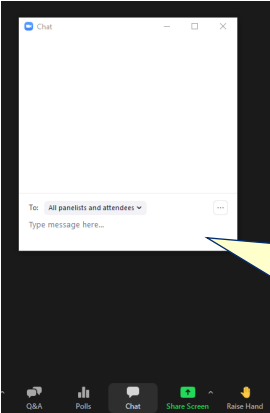
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Zoom Webinar Features

+Chat



Please select **All panelists and attendees** in the dropdown list when participating in the chat. Select:

- All panelists
- ✓ All panelists and attendees

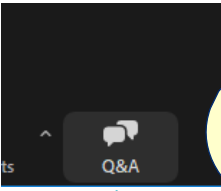
Type your chat message here. Press the Enter or Return key to submit your message.

There's also a "raise hand" function.

Hover your mouse at the bottom of the screen to locate and click on **Chat** to open.

+Questions

Use Q&A to pose any questions to the presenters.



Only the presenters can see your questions. If appropriate, the response may be shared to all.

Hover your mouse at the bottom of your screen to locate Q&A.

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Presenters



Michele Clark
KHC Senior Director of Quality
Initiatives & Special Projects



Eric Cook-Wiens
Data & Measurement Director



Heidi Courson
Quality Improvement Advisor



Erin McGuire
Quality Improvement Advisor

Special guest:



Maryanne Whitney, RN, CNS, MSN
Improvement Advisor
Cynosure Health

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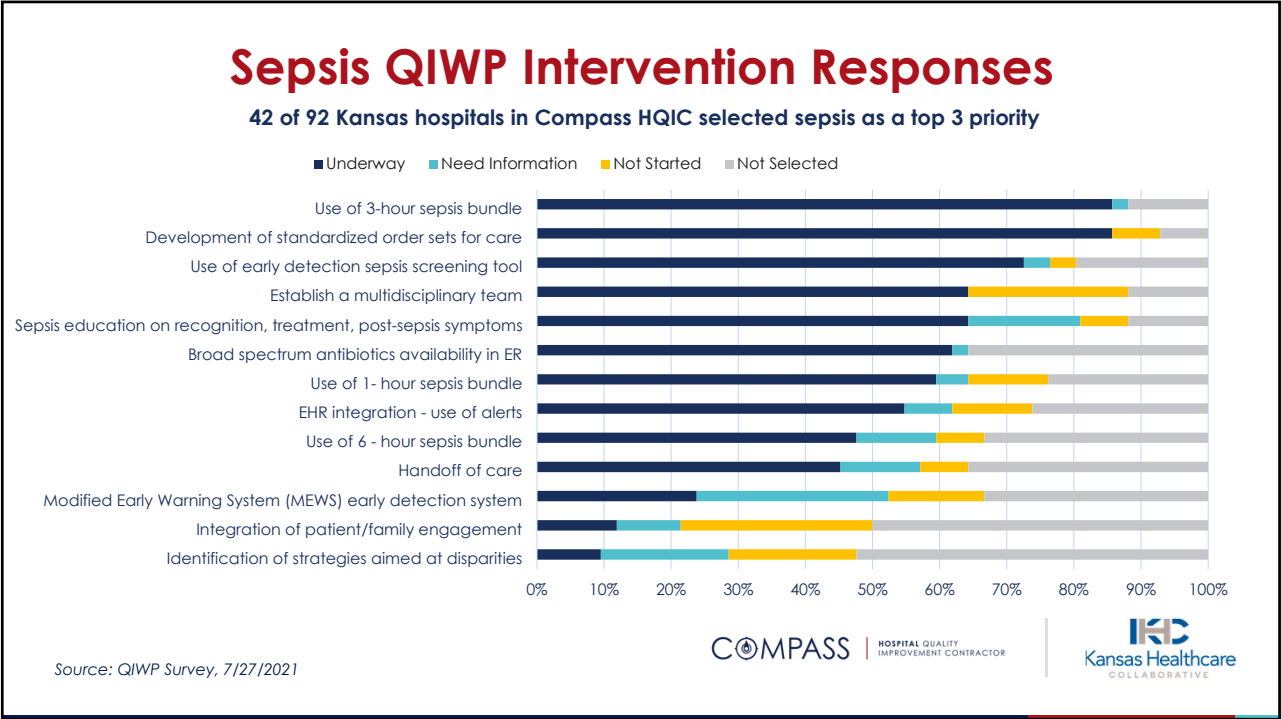
Agenda

- + Welcome and Announcements
- + Featured topic: ***Beyond the Sepsis Bundles***
- + Q&A
- + Data and Program Updates
- + Resources, Upcoming events and Next Steps

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Sepsis as a Compass HQIC Priority

Goals

- 1: Improve Behavioral Health Outcomes with a focus on decreased opioid misuse
- 2: Increase Patient Safety with a focus on reduction of harm
- 3: Increase the Quality-of-Care Transitions with a focus on high utilizers in an effort to improve overall utilization

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Kansas Medicare Claims

May 2020 – April 2021

Top Principal Diagnoses for Inpatient Admissions
Among High Utilizers

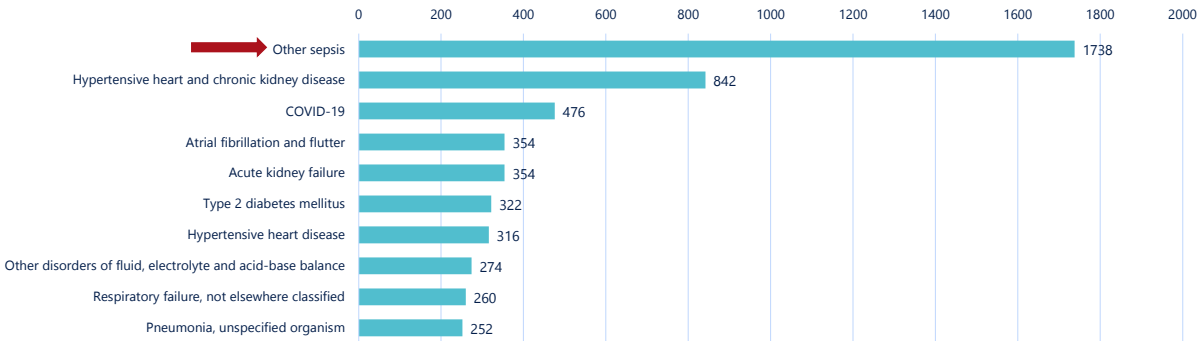


Chart courtesy of HQIN
High Utilizers defined as:

4+ admissions or 5+ ED, observation, and inpatient stays
combined in a 12-month period

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Sepsis: After the Bundles

Maryanne Whitney RN MSN
Cynosure health
Kansas Healthcare Collaborative
September 22, 2021



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Objectives

Review	Review Sepsis Treatment Bundles
Understand	Understand Sepsis Discharge Strategies
Investigate	Investigate Sepsis Readmission Data
Discover	Discover Interventions to Reduce Sepsis Readmission

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Polling Question

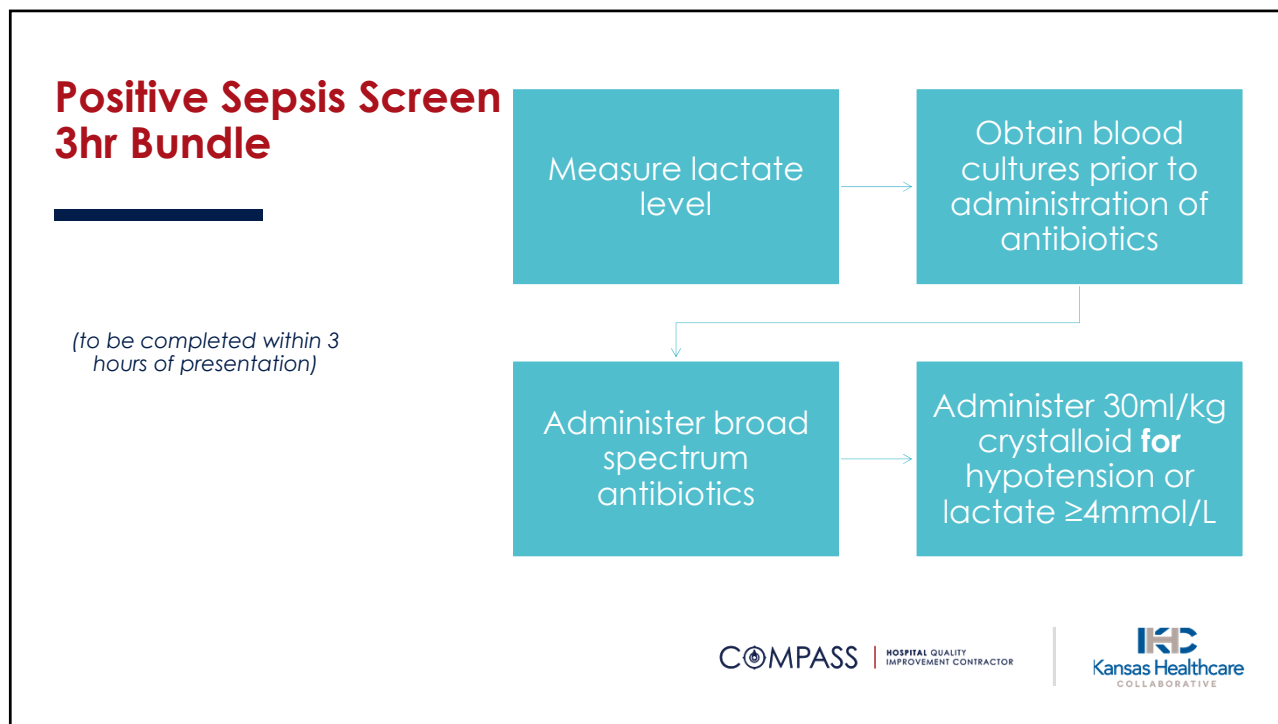
What are your goals for your sepsis program? (select all that apply)

- ☐ Decrease outcome
- ☐ Improve SEP-1 measure compliance
- ☐ Hour-1 Bundle compliance
- ☐ Reliable screening
- ☐ Decreasing sepsis readmissions
- ☐ Not sure yet
- ☐ Other (type in chat)

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Hypotension or Lactate \geq 4 6hr bundle

(to be completed within 6 hours of SEPTIC SHOCK presentation time)

- + Apply vasopressors
 - for hypotension that does not respond to initial fluid resuscitation) to maintain a mean arterial pressure (MAP) ≥ 65 mmHg
- + Re-assess volume status and tissue perfusion and document findings
 - In the event of persistent hypotension after initial fluid administration (MAP < 65 mm Hg) or if initial lactate was ≥ 4 mmol/L,
- + Re-measure lactate if initial lactate elevated.

① Basal position ② PLR position

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Hour-1 Bundle

Initial Resuscitation for Sepsis and Septic Shock (begin immediately):

- 1** Time Zero/Time Presentation
"Time zero" or "time of presentation" is defined as the time of triage in the Emergency Department or, if presenting from another care setting, from the earliest documented consultation consistent with all elements of sepsis (formerly sepsis signs) or septic shock (formerly septic shock signs).
- 2** Obtain blood cultures before administering antibiotics.
- 3** Administer broad-spectrum antibiotics.
- 4** Rapidly administer 30 mL/kg crystalloid for hypotension or lactate ≥ 4 mmol/L.
- 5** Apply vasopressors if hypotensive during or after fluid resuscitation to maintain a mean arterial pressure ≥ 65 mm Hg.

Bundle:
SurvivingSepsis.org/Bundle

Complete Guidelines:
SurvivingSepsis.org/Guidelines

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Society of Critical Care Medicine

ACR

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[illegible]

Other Supportive Therapy of Severe Sepsis*

ARDS prevention
Sedation Minimization
Blood Product minimization
Glucose Control
Nutrition
DVT prophylaxis
PUD prophylaxis
Goals of Care



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Post Bundle Understanding

- +Sepsis is an increasing burden in the USA
- +Sepsis management has led to decreased mortality rates
- +Increased number of survivors
- +Little known about survivors of sepsis
- +Sepsis survivors have increased healthcare utilization post survival
- +Ongoing mortality up to 2 years post sepsis

Sun, et al. Critical Care Medicine. 2016: Dick, Liu, Zwanziger et al.
BMC Health Services Research. 2012

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Discharging a Sepsis Patient?



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Clinical Considerations

- + Normalization of lactate
- + Development of delirium during admission
- + Resolution of organ dysfunction or trending toward normalization
 - (creat, BUN, liver enzymes, etc)
- + Is pt being discharged on antibiotics?
 - (narrow spectrum?)
- + Is pt being discharged with drains, wounds, indwelling lines or catheters?
- + Functional status
 - (compare prior to admission & discharge)

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Then what?

If so, consider:

- Medication review in the construct of worsening chronic conditions
- Decreased time to follow up
- Specific sepsis education and disease recognition and management
- Focus on the social, environmental, psychological aspects of sepsis

Signs of infection and sepsis at home

Common infections can sometimes lead to sepsis. Sepsis is a deadly response to an infection.

Green zone

No signs of infection.

Yellow zone

Take action today. Call:

Red zone

Take action now! Call:

Are there changes in my heartbeat or breathing?	<ul style="list-style-type: none">My heartbeat is as usual.Breathing is normal for me.	<ul style="list-style-type: none">Heartbeat is faster than usual.Breathing is a bit more difficult and faster than usual.	<ul style="list-style-type: none">Heartbeat is very fast.Breathing is very fast.
Do I have a fever?	I have not had a fever in the past 24 hours and I am not taking medicine for a fever.	Fever between 100°F to 101.4°F.	Fever is 101.5°F or greater.
Do I feel cold?	I do not feel cold.	<ul style="list-style-type: none">I feel cold and cannot get warm.I am shivering or my teeth are chattering.	<ul style="list-style-type: none">Temperature is below 96.8°F.Skin or fingernails are pale or blue.
How is my energy?	My energy level is as usual.	I am too tired to do most of my usual activities.	I am very tired. I cannot do any of my usual activities.
How is my thinking?	Thinking is clear.	Thinking feels slow or not right.	My caregivers tell me I am not making sense.
Are there changes in how I feel after a hospitalization, procedure, infection, or change in wound or I.V. site?	<ul style="list-style-type: none">I feel well.I had pneumonia, a urinary tract infection (UTI) or another infection.I had a wound or I.V. site. It is healing.	<ul style="list-style-type: none">I do not feel well.I have a bad cough.My wound or I.V. site looks different.I have not urinated (pee) for 5 or more hours. When I do urinate (pee) it burns, is cloudy or smells bad.	<ul style="list-style-type: none">I feel sick.My wound or I.V. site is painful, red, smells or has pus.

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Stay close post discharge

"We have learned through our data analysis and PDCA cycles that we need to get our sepsis patients to a f/u appt within 48-72 hours.

We have also used the attached 72 hr. post discharge follow-up tool here for our post discharge phone calls, which addresses all of our patients including sepsis. It assesses how well they are attending their appts., as well as other physical assessment (activity, diet, etc.) and understanding of medications.

We know we will continue to adapt as we identify individual patient needs. We will continue working toward make it better for patients as we learn from our data and processes."

Thank you! Dorothy Rice

Provider Specialist or Clinic

Provider Assigned

Name of Clinic or Healthcare Facility

Name and Address of Pharmacy

Prescription Called To

Prescription Faxed To

Prescription Mailed To

Prescription Given To

Provider Appointment Scheduled Prior to Discharge

Provider Appointment to be Scheduled By

Provider Appointment Date/Time

Provider Appointment Location

Specialist Appointment Scheduled Prior to Discharge

Specialist Appointment to be Scheduled By

Specialist Appointment Date/Time

Specialist Appointment Location

Clinic Appointment Scheduled Prior to Discharge

Clinic Appointment to be Scheduled By

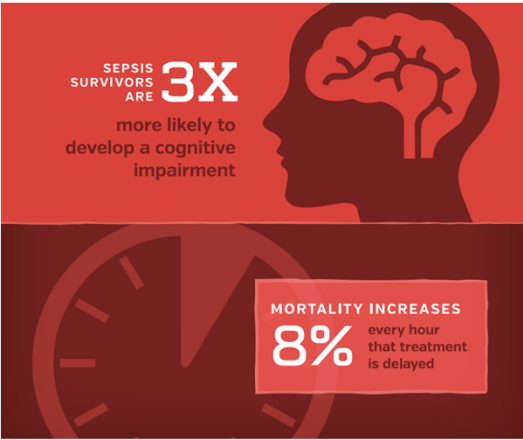
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www.khconline.org
(785) 235-0763

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Specific Post Sepsis Education




http://www.sepsis.org/files/SA_Infographic1_Square3_8.5x11_PrintReady.pdf

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FACT SHEET
WHAT SEPSIS SURVIVORS NEED TO KNOW

ABOUT SEPSIS

What is sepsis?

Sepsis is a complication caused by the body's overwhelming and life-threatening response to an infection, which can lead to tissue damage, organ failure, and death.

What causes sepsis?

Any type of infection that is anywhere in your body can cause sepsis. It is often associated with infections of the lungs (e.g., pneumonia), urinary tract (e.g., kidney), skin, and gut. An infection occurs when germs enter a person's body and multiply, causing illness and organ and tissue damage.

LIFE AFTER SEPSIS

What are the first steps in recovery?

After you have had sepsis, rehabilitation usually starts in the hospital by slowly helping you to move around and look after yourself: bathing, sitting up, standing, walking, taking yourself to the restroom, etc. The purpose of rehabilitation is to restore you back to your previous level of health or as close to it as possible. Begin your rehabilitation by building up your activities slowly, and rest when you are tired.

How will I feel when I get home?

You have been seriously ill, and your body and mind need time to get better. You may experience the following physical symptoms upon returning home:

- General to extreme weakness and fatigue

It is also not unusual to have the following feelings once home:

- Unsure of yourself
- Not caring about your appearance
- Wanting to be alone, avoiding friends and family
- Flashbacks, bad memories
- Confusing reality (e.g., not sure what is real and what isn't)
- Feeling anxious, more worried than usual
- Poor concentration
- Depressed, angry, unmotivated
- Frustration at not being able to do everyday tasks


What can I do to help myself recover at home?

- Set small, achievable goals for yourself each week, such as taking a bath, dressing yourself, or walking up the stairs
- Rest and rebuild your strength
- Talk about what you are feeling to family and friends
- Record your thoughts
- Learn about sepsis
- Ask your family what happened
- Eat a balanced diet
- Exercise if you fit
- Make a list of questions to ask your healthcare provider when you go for a check up

Are there any long-term effects of sepsis?

Many people who survive sepsis recover completely and their lives return to normal. However, older people, people who have suffered more severe sepsis and those treated in an intensive care unit are at greatest risk of long-term problems, including suffering from post-sepsis syndrome.

POST-SEPSIS: THE NEW NORMAL



time.

However, if you feel that you are not getting better, or finding it difficult to cope, or continue to be exhausted call your healthcare provider.

Where can I get more information?

Sepsis Alliance (www.sepsis.org) was created to raise sepsis awareness among both the general public and healthcare professionals. Sepsis Alliance offers information on a variety of sepsis-related topics. To view the full series of Sepsis Information Guides, visit sepsis.org/library

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Sepsis Readmission



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Why focus on sepsis?

Common

Costly

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Sepsis readmissions are common

12% of all readmissions followed a sepsis hospitalization

	National Readmission Data ^a			Weighted Proportion of Cases in the United States	
	No. of All Index Admissions Readmitted Within 30 Days	Estimated Mean Length of Stay (95% CI), d ^b	Estimated Mean Cost per Readmission (95% CI), \$ ^b	Percentage of Index Admissions Readmitted Within 30 Days (95% CI)	Percentage of Total Estimated Cost of All Readmissions (95% CI)
Admissions associated with 30 d readmission	1 187 697	6.4 (6.4-6.5)	8242 (8225-8258)	NA	100.0
Primary Analyses ^c					
Sepsis	147 084	7.4 (7.3-7.4)	10 070 (10 021-10 119)	12.2 (11.9-12.4)	14.5 (14.2-14.8)
Acute myocardial infarction	15 001	5.7 (5.6-5.8)	9424 (9279-9571)	1.2 (1.2-1.3)	1.4 (1.3-1.5)
Heart failure	79 480	6.4 (6.4-6.5)	9051 (8990-9113)	6.7 (6.5-6.8)	7.5 (7.3-7.7)
Pneumonia	59 378	6.7 (6.6-6.7)	9533 (9466-9600)	5.2 (5.0-5.3)	5.5 (5.4-5.7)
Chronic obstructive pulmonary disease	54 396	6.0 (5.9-6.0)	8417 (8355-8480)	4.6 (4.5-4.8)	4.3 (4.1-4.4)

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Mayr et al, JAMA 2017.

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AHRQ statistical brief # 172

Medicare

CHF

Sepsis

Pneumonia

COPD

Arrhythmia

UTI

Acute renal failure

AMI

Complication of device

Stroke

Medicaid

Mood disorder

Schizophrenia

Diabetes complications

Comp. of pregnancy

Alcohol-related

Early labor

CHF

Sepsis

COPD

Substance-use related

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Sepsis readmissions cost more

Sepsis readmissions cost more due to higher LOS

	National Readmission Data ^a			Weighted Proportion of Cases in the United States	
	No. of All Index Admissions Readmitted Within 30 Days	Estimated Mean Length of Stay (95% CI), d ^b	Estimated Mean Cost per Readmission (95% CI), \$ ^b	Percentage of Index Admissions Readmitted Within 30 Days (95% CI)	Percentage of Total Estimated Cost of All Readmissions (95% CI)
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More importantly

- + Worse outcomes when readmitted
 - More ICU use
 - More hospice
 - More death
- + 34% in skilled care facility after discharge
- + Patients spend median of 10% of days alive after discharge living in acute facility

Jones et al, Annals ATS 2015; Prescott et al, Am J Resp Crit Care Med 2014.

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Questions to ask?

Why are sepsis patients being readmitted?

What will we do differently?

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READMISSIONS

DRIVERS IN THIS CHANGE PACKAGE

PRIMARY DRIVERS	SECONDARY DRIVERS
<div>USE DATA AND ROOT CAUSE ANALYSIS TO DRIVE CONTINUOUS IMPROVEMENT</div>	<div>Analyze data to identify priority populations for improvement. Understand root causes of readmissions; elicit the patient, caregiver, and provider perspectives. Periodically update approach based on findings; articulate your readmission reduction strategies. Develop a performance measurement dashboard to use data to drive continuous improvement.</div>
<div>IMPROVE STANDARD HOSPITAL-BASED TRANSITIONAL CARE PROCESSES</div>	<div>Engage patients and their caregivers to identify the "leakage," understand care preferences and assess readmission risk factors. Facilitate interdisciplinary collaboration on readmission risks and mitigation strategies. Develop an individualized care transitions plan that accounts for patient preferences, addresses readmission risk factors, and post-hospital needs. Use teach-back to validate patient understanding; use low health literacy techniques and/or professional translation services to optimize understanding and teach-back. Make timely post-discharge phone calls to follow up with patients, review the care transitions plan, and answer questions.</div>
<div>DELIVER ENHANCED SERVICES BASED ON NEED</div>	<div>Develop or enhance a palliative care program. Consider programs aimed at assisting patient with specific diagnoses, such as diabetes. Collaborate with the pharmacy to co-design medication management practices. For the high utilizer population, consider a team approach to complex care management. Implement a process for identification of high utilizer patients in the ED.</div>
<div>COLLABORATE WITH PROVIDERS AND AGENCIES ACROSS THE CONTINUUM</div>	<div>Identify the clinical, behavioral, social and community-based supports that share the care of your high-risk patients. Convene a cross-continuum team of providers and agencies that share the care of your high-risk patient populations. Improve referral processes to make linking to behavioral, social and community-based services more effective and efficient.</div>


GOAL: REDUCE ALL-CAUSE 30 DAY READMISSIONS



Readmission reduction drivers

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Driver #1 - Data and root causes

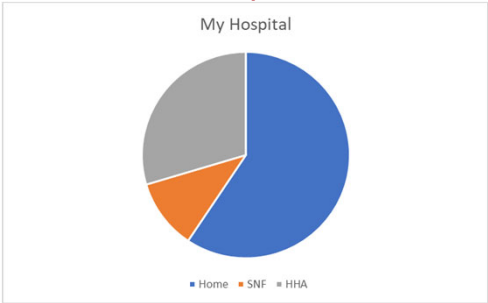
Index admission = Sepsis Index admission ≠ Sepsis



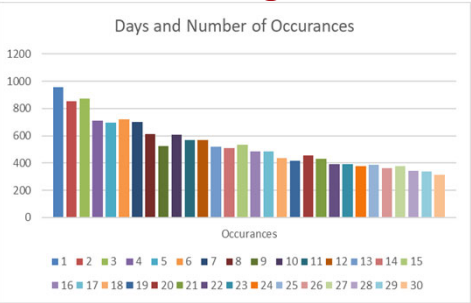
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Data and root causes

What does the discharge disposition tell you?

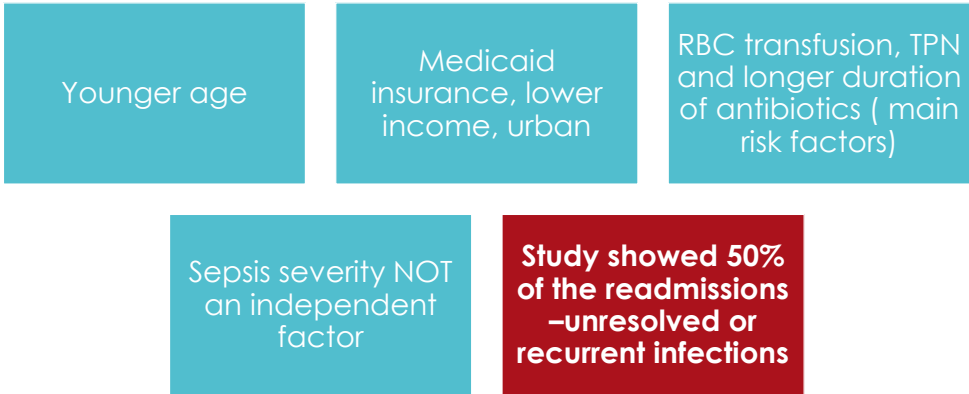


How soon are your sepsis patients returning?



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Risk factors for return



Chang et al, Crit Care Med, 2015; Jones et al, Annals ATS 2015.
Sun et al. Crit Care Med. 2016

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Readmission Discovery Tool: Interview 5

Readmissions Discovery Tool

Medical Record Review

A discharge summary is documented in the medical record that includes:

- Information about obtaining and taking medications
- Information about signs and symptoms and what to do if they occur
- Plan for follow-up appointments
- Plan for transportation to get to the follow-up appointments
- Follow-up info on tests, if applicable
- A post-discharge phone call is documented
- A follow-up appointment was scheduled and documented for patient



1
2
3
4
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Readmissions Discovery Tool
<https://clit.thinkific.com/courses/take/Readmissions-Resource-Library/pdfs/22213779-download-the-readmissions-discovery-tool>

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Driver #2 – Transitional care for all

Whole person assessment

Prior to discharge “think sepsis risk” for enhanced education:

- + Indwelling catheters?
- + Indwelling lines?
- + Did pt develop a secondary infection during this admission? Pneumonia, CDI, wound infection, CLABSI, CAUTI?
- + Does patient have a wound? Open? Closed?
- + Is the pt currently being treated for an infection (on antibiotics)?
- + Is there significant functional decline?

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Driver #3- Enhanced services


- + Domains of problems among ICU survivors
 - Impairments in physical, cognitive, and psychological domains
 - Acceleration of chronic diseases
 - Cardiovascular disease
 - Myocardial infarction, Stroke, Atrial fibrillation
 - Chronic kidney disease
 - Dementia
 - Immunoparalysis/immunosenescence
 - Repeat episodes of infection & sepsis
 - High risk of death - ~1 in 2 or 1 in 3 likely to die at 1 year

Corrales et al., 2015 JAMA; Yende 2014 AJRCCM; Walkey et al., 2011 JAMA; Shah et al., 2013 AJRCCM Sun et al. Crit Care Med. 2016

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What enhanced services are needed?

- + Follow up care
- + Support groups
- + ???





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Driver #4- Community collaboration



Is their
temperature
above 100?



Is their
heart rate
above 100?




Is their
blood pressure
below 100?

<http://www.mnhospitals.org/>

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Who can you partner with?



- + SNFs
- + Home health
- + Home providers (MDs, NPs)
- + EMS
- + Community groups
- + Support groups

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Commitments

What ideas did you like?

What idea will you test in your organization?

If you've already started, what's your next test?



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Questions?



Please type your questions into the chat pod.

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Thank you

mwhitney@cynosurehealth.org

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KHC & Compass Network Updates

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Data Updates

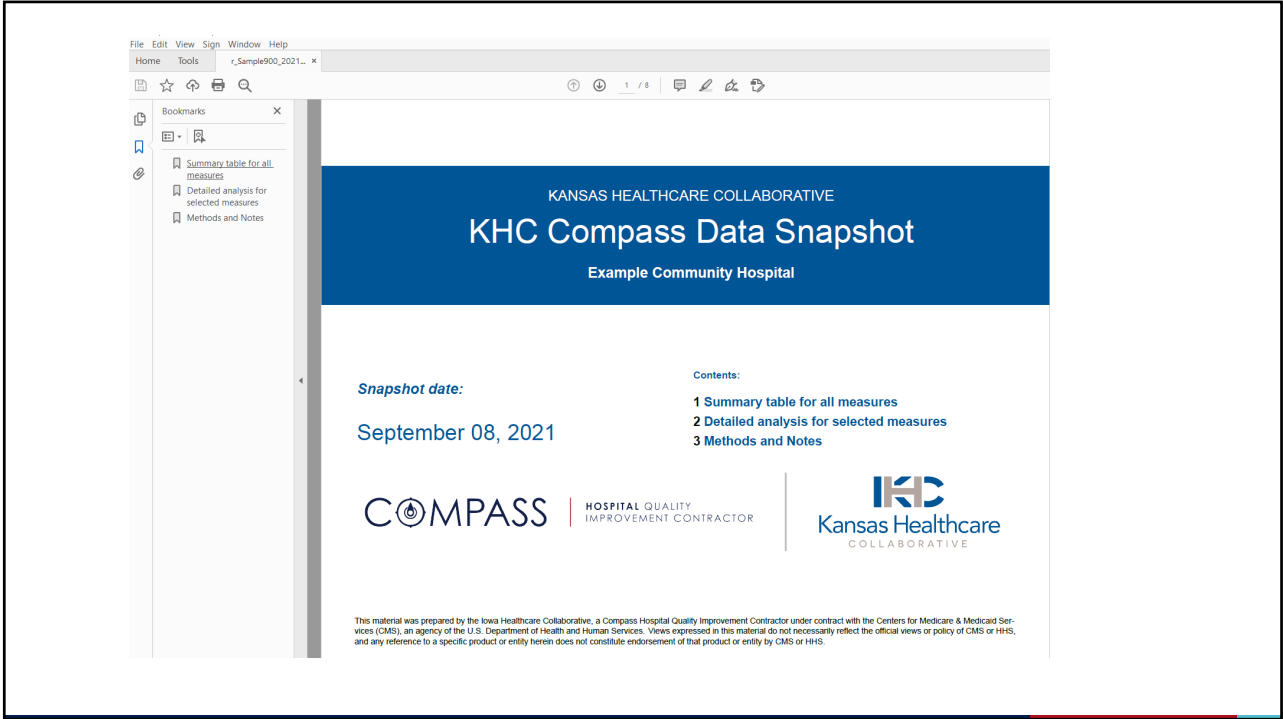
- + Data are due at the end of the following month.
- + Data Refresh
 - Administrative Claims and NHSN transferred to QHi
 - QHi data are sent to Compass
 - Current Data Refresh: 9/8/2021
 - Next Refresh: on or around Oct. 7-8
- + Reports – Emailed this week from your QIA (Erin, Heidi or Michele)
 - Compass HQIC Data Completeness Report
 - KHC Compass Data Snapshot Report

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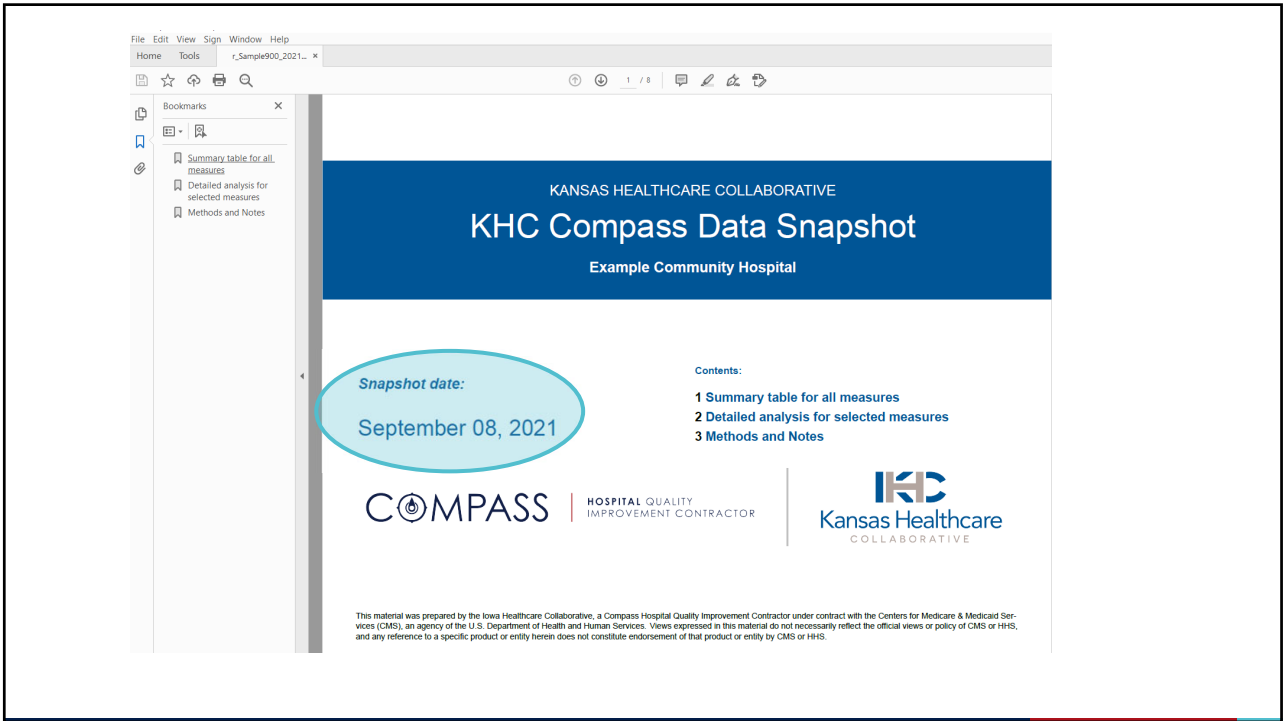
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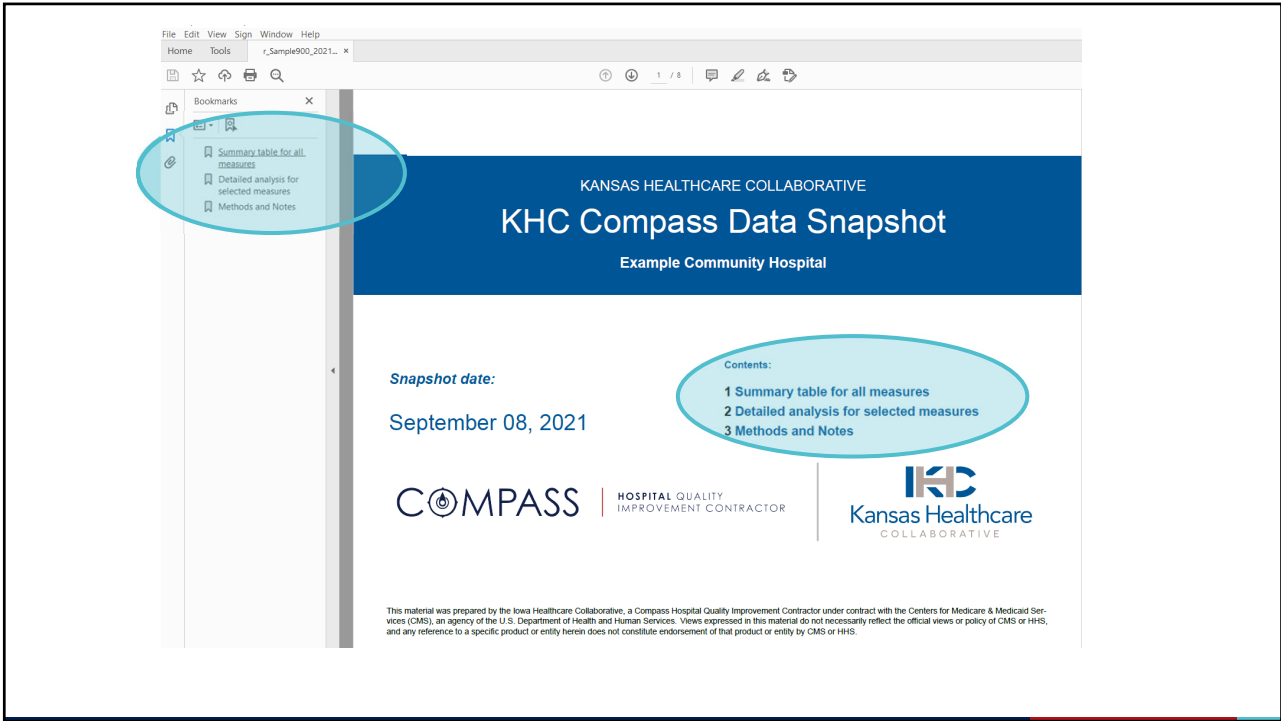
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Example Community Hospital

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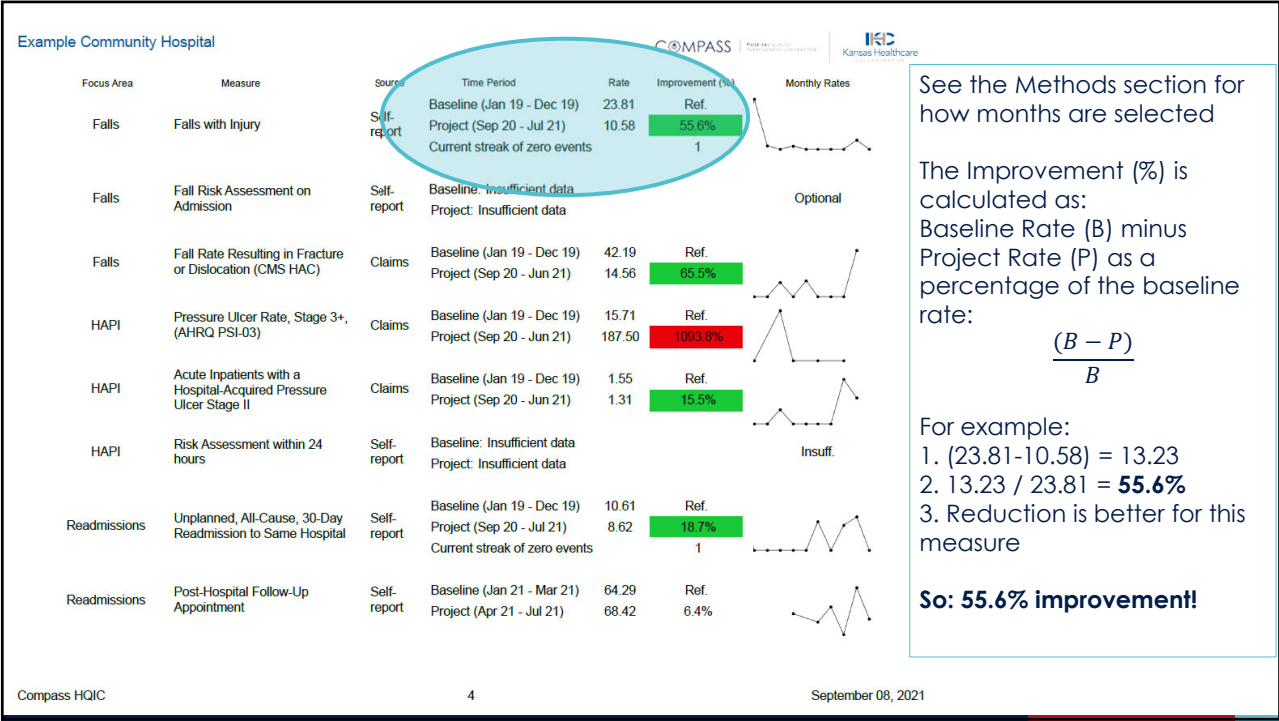
Focus Area	Measure	Source	Time Period	Rate	Improvement (%)	Monthly Rates
Falls	Falls with Injury	Self-report	Baseline (Jan 19 - Dec 19)	23.81	Ref.	
			Project (Sep 20 - Jul 21)	10.58	55.6%	
			Current streak of zero events		1	
Falls	Fall Risk Assessment on Admission	Self-report	Baseline: Insufficient data Project: Insufficient data		Optional	
Falls	Fall Rate Resulting in Fracture or Dislocation (CMS HAC)	Claims	Baseline (Jan 19 - Dec 19)	42.19	Ref.	
			Project (Sep 20 - Jun 21)	14.56	65.5%	
HAPI	Pressure Ulcer Rate, Stage 3+, (AHRQ PSI-03)	Claims	Baseline (Jan 19 - Dec 19)	15.71	Ref.	
			Project (Sep 20 - Jun 21)	187.50	1093.8%	
HAPI	Acute Inpatients with a Hospital-Acquired Pressure Ulcer Stage II	Claims	Baseline (Jan 19 - Dec 19)	1.55	Ref.	
			Project (Sep 20 - Jun 21)	1.31	15.5%	
HAPI	Risk Assessment within 24 hours	Self-report	Baseline: Insufficient data Project: Insufficient data		Insuff.	
Readmissions	Unplanned, All-Cause, 30-Day Readmission to Same Hospital	Self-report	Baseline (Jan 19 - Dec 19)	10.61	Ref.	
			Project (Sep 20 - Jul 21)	8.62	18.7%	
			Current streak of zero events		1	
Readmissions	Post-Hospital Follow-Up Appointment	Self-report	Baseline (Jan 21 - Mar 21)	64.29	Ref.	
			Project (Apr 21 - Jul 21)	68.42	6.4%	

Compass HQIC

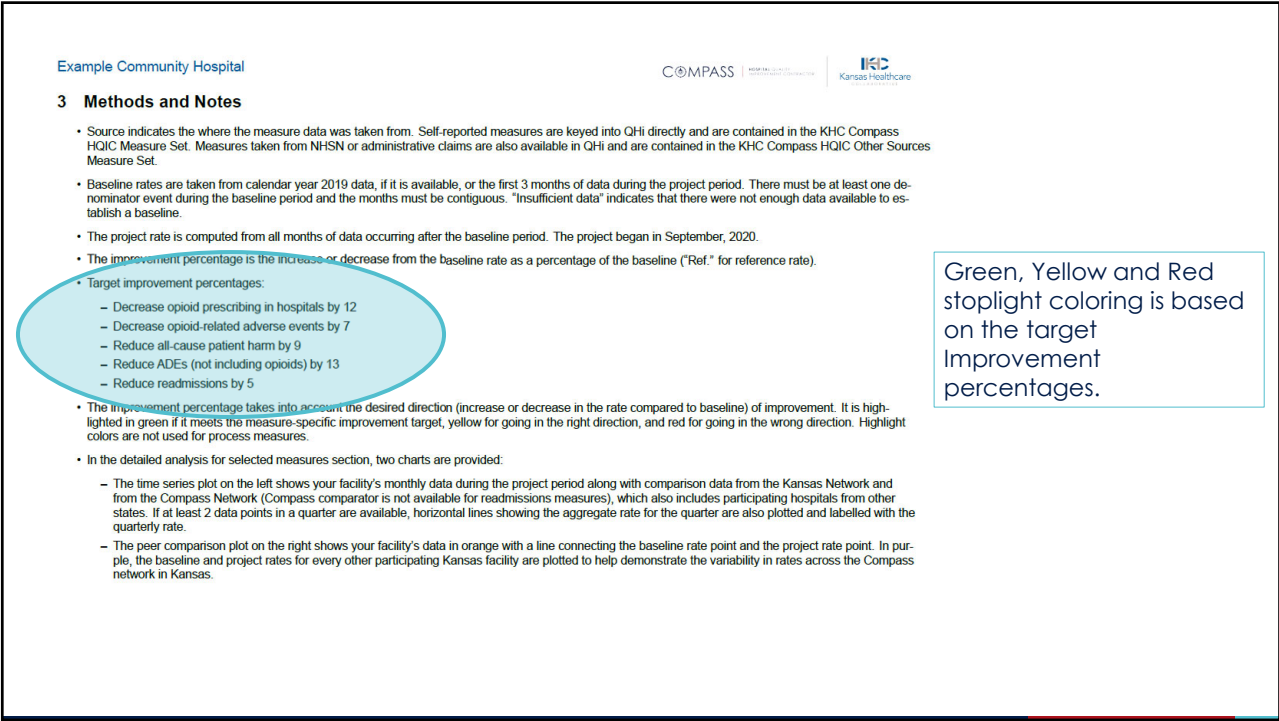
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September 08, 2021

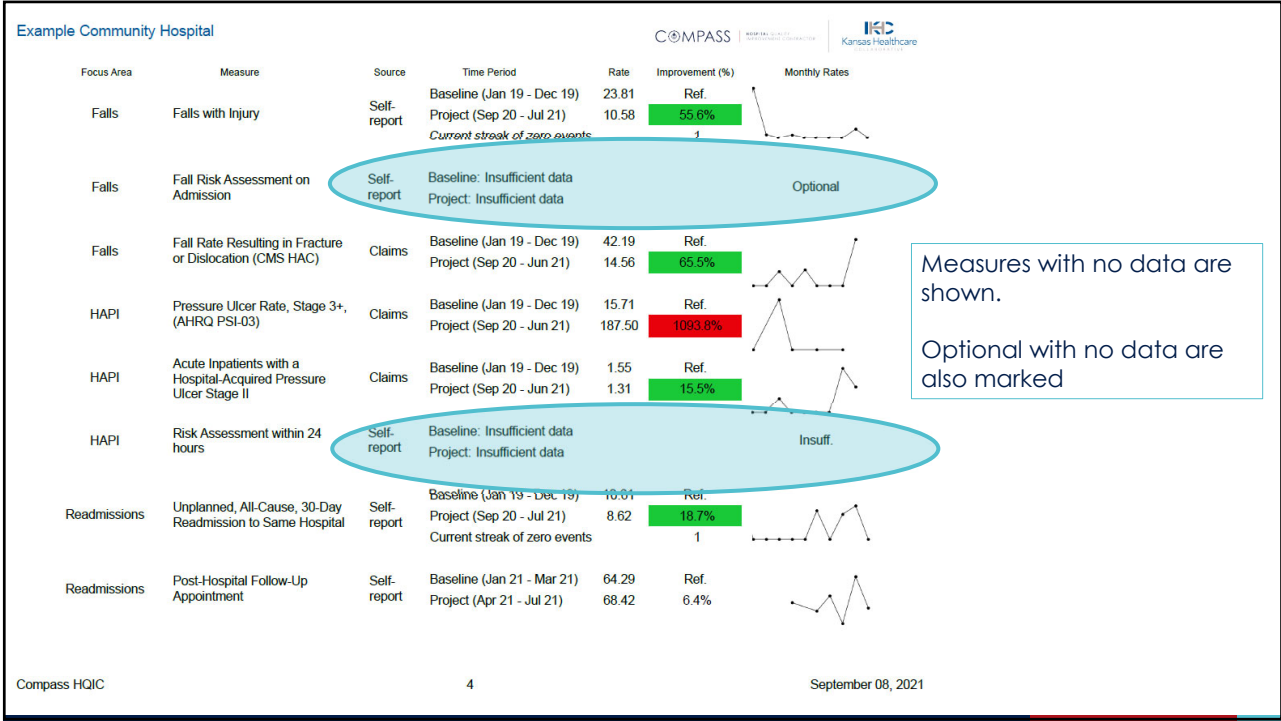
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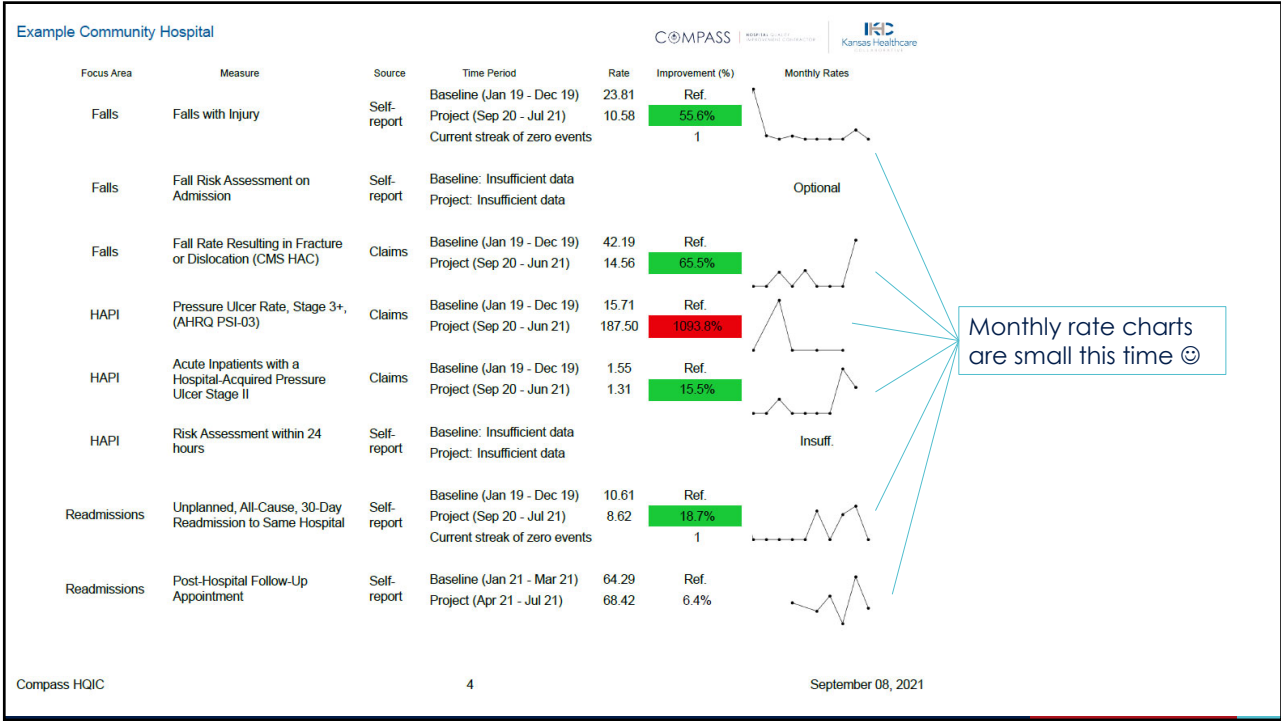
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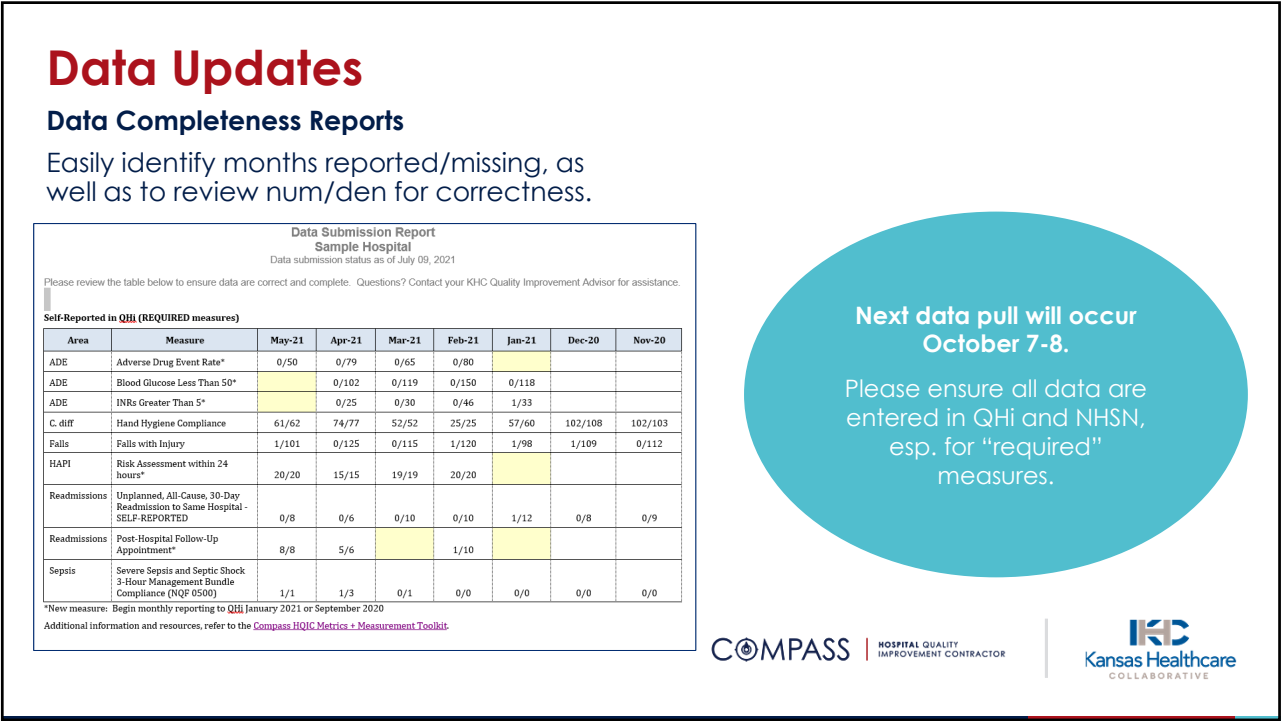
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QHi Training Session



[MyQHi.org](https://myqhi.org)

Date: Thursday, October 7

Time: 1:00 – 2:00 CT

Here is the link to register: <https://cc.readytalk.com/r/bb3f7hib9wgu&eom>

- Adding New Users
- Select Measures
- Entering and Importing Data
- Running Reports

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KANSAS HOSPITAL ASSOCIATION

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Watch your email for Compass Navigator – Oct. 1



Compass HQIC Network

- + Updated measure set
- + Updated toolkit
- + Updated FAQs
- + Announcing Compass Hours Oct. 7 at 2:00 p.m.
- + Other news and resources

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Highlights of Compass Measure Set Updates

Requirement Type	Key
Required, self-reported	RS
Required, comes from other data sources	RO
Optional, self-reported	OS

Measure Type	Key
Outcome	O
Process	P

Compass Measure Set
State: Kansas

Data Sources	Key
Self-Reported	*
Administrative Claims	**
NHSN	***

Focus Area	Measure Name	Measure Type	Numerator Description	Denominator Description	Data Source for KS
Adverse Drug Events (ADEs)					
ADE Overall					
RO	Adverse Drug Events Originating During Hospital Stay	O	Number of coded Acute Care adverse drug events that cause harm (NCC MERP Scale categories E-I)	Number of Acute Care, SNF and Swing Bed discharges	**
OS	Adverse Drug Event Rate	O	Number of Acute Care, SNF, Swing Bed and Observation adverse drug events that reach the patient (NCC MERP Scale categories D-I)	Number of Acute Care, SNF, Swing Bed and Observation patient days	*
Opioid Safety					
RO	Opioid-Related Adverse Drug Event Rate	O	Number of patients with non-POA secondary ICD10 code(s) for opioid-related adverse drug event	Number of discharges for Acute Care patients, ≥ 18 y/o	**
RO	Opioid Mortality	O	Number of opioid-related deaths (include opioid toxicity in a primary or secondary diagnosis)	Number of discharges for Acute Care patients, ≥ 18 y/o	**
OS	Stat Medication Administration - Emergency Department	O	Number of doses a reversal agent (e.g., Naloxone) is administered to a patient in the Emergency Department	Number of Emergency Department visits	*
OS	Stat Medication Administration - Inpatient	O	Number of doses of a reversal agent (e.g., Naloxone) administered to Acute Care, SNF, Swing Bed and Observation patients	Number of Acute Care, SNF, Swing Bed and Observation patients prescribed opioids	*
RS	High-Dose Opioid Prescribing Upon Discharge	P	Number of patients discharged with an opioid prescription with ≥ 10 MME daily	Number of Acute Care, SNF, Swing Bed and Observation patients discharged with an opioid prescription	*
Glycemic Management					
OS	Blood Glucose Less Than 50	O	Number of blood glucose measurements (per lab reports, FBSG, DMR, Charge Data, etc.) for Acute Care, SNF, Swing Bed and Observation patients where blood glucose < 50	Number of blood glucose measurements (per lab reports, FBSG, DMR, Charge Data, etc.) for Acute Care, SNF, Swing Bed and Observation patients	*
RO	Manifestations of Poor Glycemic Control	O	Number of patients with ICD10 diagnosis code for poor glycemic control	Number of discharges for Acute Care patients, ≥ 18 y/o	**

To be released October 1.

Updates include:

- + Retired 6 measures from Compass measure set
- + Changed 3 ADE measures from "required" to "optional"
- + Added 3 new claims-based measures (ADE)
- + Added MRSA Bacteremia Rate (NHSN) and High-Dose Opioid Prescribing (QHI) to "required"

Join Compass Office Hours on Oct. 7 at 2 pm. Visit with your QIA with any questions.

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SEPSIS AWARENESS MONTH

GET READY FOR SEPSIS AWARENESS MONTH

In 2011, Sepsis Alliance designated September as Sepsis Awareness Month. Every September since, they have urged individuals, healthcare professionals, in every area of medicine and supervisors big and small to help save lives by raising awareness of the leading cause of death in U.S. hospitals - sepsis.

Compass encourages hospitals to participate in Sepsis Awareness month. Below are some helpful resources and information to help you raise awareness within your facilities and communities.

THE HARD FACTS

72% of Americans can identify stroke symptoms, but only 12% can identify most common sepsis symptoms.	Sepsis is the number one cause of hospital readmissions, costing more than \$3.5 BILLION each year.	Up to 50% of survivors suffer from post-sepsis syndrome.
------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------

Compass Sepsis Awareness Month Infographic

SEPSIS AWARENESS CHALLENGE

#SAM2021

HOW TO PARTICIPATE

- + Plan a sepsis awareness activity in your hospital or community and take a picture that captures your work.
- + Send your picture to compass@khonline.org (e-mail) by **October 15**. All photos will be featured in the November Compass Navigator newsletter and on iCompass.
- + Continue to advocate, educate and work to prevent sepsis.

SEPSIS INFORMATION GUIDES

Sepsis Alliance provides over 40 invaluable guides that cover specific health topics and populations, and their connections to sepsis, such as sepsis and children, sepsis and flu and sepsis and pregnancy.

[VIEW, DOWNLOAD & PRINT THESE GUIDES](#)



SEPSIS FACT SHEET

This information guide explains what sepsis is, who is most likely to be affected by it, symptoms, causes and prevention.



ALL SEPSIS INFORMATION GUIDES

These guides can be printed and distributed to patients, families, co-workers and other professionals.

SEPSIS: IT'S ABOUT TIME™ INITIATIVE

Sepsis Alliance has a great collection of Sepsis: It's About Time™ materials that can be used to raise awareness of the signs and symptoms of sepsis and the urgent need to seek treatment when they are present.

[VIEW, DOWNLOAD & PRINT THESE MATERIALS](#)



SEPSIS INFOGRAPHIC

This infographic expresses the importance of time in treating sepsis symptoms quickly and properly to reduce the risk of death.



SEPSIS WHITE PAPER

This white paper discusses the It's About Time™ initiative that can aid in recognition of the signs of sepsis.

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Incase you Missed it

Watch on demand- Links/Fliers are in handouts

8.24.2021 Exploring Sepsis Strategies Part 1- *Early Identification, Patient and Family Engagement and Disparities in Care*

9.14.2021 Decreasing Sepsis Mortality through Bundle Compliance

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Upcoming Events

Wednesday, September 22, 2021

HQIC Large Hospital Affinity Group: Breaking Through Silos and Plateaus

The Large Hospital Affinity Group, open to leaders in all HQIC large, public, and/or academic hospitals, will provide an opportunity for collaboration and strategy for addressing the shared challenges and opportunities for improving quality outcomes. Hosted by the Convergence Health HQIC, the HQIC Large Hospital Affinity Group will meet monthly to coalesce around shared bright spots and opportunities, and will be facilitated by Steve Tremain, MD, FACPE.

[Click Here to Register](#)

HQIC

Convergence
Health Consulting, Inc.

**Large Urban, Public, and/or Academic
HQIC Hospitals Affinity Group:
Breaking Through Silos and Plateaus**

Large health care organizations face unique challenges due to silos, bureaucracy, the patient population served, and expectations for care. Collaboration with other organizations of similar sizes and organizational design is crucial to driving improvement in this setting. The Large Hospital Affinity Group, open to leaders in all HQIC large, public, and/or academic hospitals, will provide an opportunity for collaboration and strategy for addressing the shared challenges and opportunities for improving quality outcomes. Hosted by the Convergence Health HQIC, the HQIC Large Hospital Affinity Group will meet monthly to coalesce around shared bright spots and opportunities, and will be facilitated by Steve Tremain, MD, FACPE. Dr. Tremain has over 30 years experience as a Chief Medical Officer in a large public hospital, and will facilitate the conversation around creating standard work to provide reliable outcomes.

LEARNING OBJECTIVES:

- Describe methods to create relationships that facilitate collaboration
- Identify the common challenges and potential solutions
- Identify common opportunities that can lead to standard work where and when standard work should be done ("Standardize what's standardizable, and no more." Brent James, IOM)

TARGET AUDIENCE:

Physician Leaders, Executive Leaders, Directors and Managers from large urban, public, and/or academic medical centers in HQIC Hospitals


FIRST MEETING:

Wednesday, September 22, 2021

TIME:

9:00a.m. - 10:00a.m. PT
11:00a.m. - 12:00p.m. CT
12:00p.m. - 1:00p.m. ET

FACILITATOR:



STEVE TREMAIN, MD, FACPE
Physician Improvement Advisor
Convergence Health

REGISTER HERE!

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Compass HQIC Network Webinar: Readmission Risk Assessment Review



Tuesday, September 28th 11am

Join the Compass HQIC team for a general review of the Compass Readmission measures, with a special focus on the process measure for the follow-up appointment made prior to discharge in accordance with the risk assessment. During the hour-long live webinar readmission risk assessment tools will be explored. In addition, we will hear from two of our Compass HQIC partner hospitals and how they successfully implemented a readmission risk assessment into their process.

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Upcoming HQIC learning events



Watch for more upcoming events in the Compass Navigator delivered to your inbox on the 1st of each month.

- + Readmission Risk Assessment Review
September 28 11:00-12:00pm CDT
- + Exploring Sepsis Strategies – Part 2 | Care Coordination and Preventing Sepsis Related Readmissions
September 30 1:00-2:00 CDT
- + Compass HQIC Network Meeting: Compass Office Hours Call
October 7 2:00-3:00pm CDT

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Upcoming Events

KHC Office Hours

Register once for all remaining sessions. Save recurring appointment to your e-calendar. Keep abreast of KHC program updates, learn from subject matter experts and peers.

- + October 27
- + November 24
- + December 22

KHC Office Hours registration link:

https://us06web.zoom.us/webinar/register/WN_0SEpCyayQga-TlIGz4kvgQ

All sessions are held from 10 to 11 a.m. CT.
Sessions will be recorded and posted to KHC Education Archive at www.khconline.org/archive.

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Community of Immunity

Thursday, September 23, 2021

11:30 a.m. CT

As flu season is approaching and COVID-19 is continuing, join us next week to hear how Neosho Memorial Regional Medical Center in Kansas creatively worked together to boost their community's collective COVID-19 immunity through increased vaccines.



Register for the September 23 HQIN MedsMatter!

Conversation Series:

A Community of Immunity.

https://hqin-org.zoom.us/webinar/register/WN_CCXCjdZ4RDOZicsXfgVNmQ



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Upcoming Events September 28 1:00 – 2:00 p.m.

Webinar: Innovations in Inpatient Treatment for Tobacco Dependence

Kimber Richter, PhD with the University of Kansas School of Medicine, and international expert in hospital-based tobacco treatment, will describe protocols and outcomes of the UKanQuit program at the University of Kansas Hospital. Dr. Richter will present methods for providing brief inpatient tobacco treatment and referring patients at discharge for ongoing treatment in the community.

She will also describe best practices for psychiatric facilities and the innovative telemedicine groups that UKanQuit delivers to the new psychiatric facility at Strawberry Hill in Kansas City, Kansas.

This presentation is free for all. Especially welcome are staff from community hospitals and other inpatient treatment facilities, including the State Mental Health Hospitals and State Institution Alternatives, Nursing Facilities for Mental Health, private psychiatric and addiction treatment facilities, inpatient VA health care facilities, and Psychiatric Residential Treatment Facilities.

The UKanQuit program can be adapted for implementation in your facility.

[Click here](#) to sign-up to receive a calendar invitation for the September 28th webinar.

Questions may be directed to cessation@namikansas.org.



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Kansas Cancer Prevention – Town Hall Meeting

Virtual
**Kansas Cancer Prevention
and Control Plan 2022-2026**
Town Hall Meeting | Sept. 30, 2021 at Noon CT

Register in advance for this meeting:
us02web.zoom.us/join/7A9d-qwzouG1FAwVUSkyW1bzm0kdtot

Your voice is needed. Please join us and share your input and feedback on how we can work together to reduce the impact of cancer in Kansas.



To learn more about the Kansas Cancer Prevention and Control Plan for 2022-2026

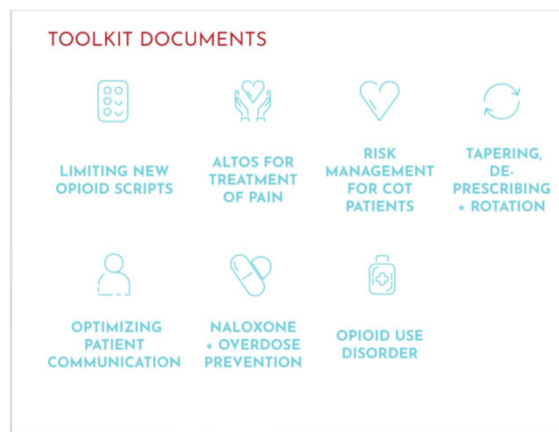
[Register in advance for this meeting](#)



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Compass Opioid Prescribing + Treatment Guidance Toolkit

<https://www.khconline.org/opioid-prescribing-and-treatment-guidance-toolkit?preview=true>



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Next Steps

- + Schedule next coaching call (if not already set)
- + Review and update your Q.I. Work Plan
- + Ensure data entry is current and timely
- + Log into iCompass Forum and iCompass Academy to engage and learn.
- + Watch your inbox for the Compass Navigator on October 1st.

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Have Questions, Need Help?

Kansas Healthcare Collaborative

Heidi Courson
Quality Improvement Advisor
hcourson@khconline.org
785-231-1334

Erin McGuire
Quality Improvement Advisor
emcguire@khconline.org
785-231-1333

Michele Clark
Senior Director of Quality Initiatives
mclark@khconline.org
785-231-1321

Eric Cook-Wiens
Data and Measurement Director
Ecook-wiens@khconline.org
785-231-1324

Kansas Hospital Association/QHi

Sally Othmer
Senior Director Data & Quality
sothmer@kha-net.org
785-276-3118

Stuart Moore
Program Manager QHi
smoore@kha-net.org
785-276-3104

KHIN/KONZA

Josh Mosier
Manager of Client Services
jmosier@khinonline.org
785-260-2761

Rhonda Spellmeier
HIE Workflow Specialist
rspellmeier@khinonline.org
785-260-2795



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Questions?



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Thank you for joining us.

We invite your feedback.

What was a key take-away?
What are 3 next steps based on the information shared?

Please complete our brief feedback survey.

<https://www.surveymonkey.com/r/KHC-office-hours-09-22-2021>



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Connect with us on:



Rhonda Lassiter
Operations Manager



Treva Borchert
Project Coordinator



Phil Cauthon
Communications Director



Michele Clark
Senior Director of Quality Initiatives & Special Projects



Eric Cook-Wiens
Data & Measurement Director



Heidi Courson
Quality Improvement Advisor



Jill Daughette
Quality Improvement Advisor



Azucena Gonzalez
Health Care Quality Data Analyst



Malea Harvickson
Program Director



Mandy Johnson
Program Director



Erin McGuire
Quality Improvement Advisor



Rosanne Rulkowski
Senior Director of Quality Initiatives



Patty Thomsen
Quality Improvement Advisor



Rebecca Thurman
Quality Improvement Advisor

→ Find contact info, bios,
and more at: www.KHOnline.org/staff

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Readmission Risk Assessment Review Webinar

September 28, 2021
11:00 AM - 12:00 PM (CDT)



Overview

Join the Compass HQIC team for a general review of the Compass Readmission Measures. During the hour-long live webinar, readmission risk assessment tools will be explored and Compass HQIC partner hospitals will share how they have successfully implemented a readmission risk assessment.

Continued Education

1.0 nursing contact hours will be awarded on September 28 for this virtual event by the Iowa Hospital Association, Iowa Board of Nursing Provider No. 4. Iowa nursing contact hours will not be issued unless your Iowa license number was provided at registration. For nursing contact hours to be offered, you must log in individually, your webinar sign-in and sign-out times will be verified. Partial credit will not be granted. Attendees outside Iowa should check with their state Board of Nursing for nursing continuing education requirements.

Register

https://us06web.zoom.us/webinar/register/WN_qL1VGSlyT3ClqRb7ltE8SA (Link)

Objectives



Review readmissions measures and progress to date in the Compass HQIC network



Identify and describe risk assessment tools that can help improve care transitions and reduce readmissions



Examine strategies peer hospitals have employed to implement a risk assessment in the discharge planning process

Readmission Risk Assessment Review Webinar



Event Speakers



Lana Comstock

Lana Comstock is a clinical improvement consultant for the hospital quality initiatives team at Iowa Healthcare Collaborative. She received her master's degree in science of nursing education, is a Certified Public Manager, a Certified Professional in Healthcare Quality and has LEAN yellow belt certification.



Erin McGuire

Erin McGuire is a Quality Improvement Advisor at Kansas Healthcare Collaborative (KHC). Her background includes managing and leading programs and quality initiatives. McGuire graduated from Northern Michigan University in 2002 with a bachelor's degree in communication disorders, speech and hearing science.



Loretta Bryan

Loretta recently joined SDAHO as a clinical improvement consultant. She has been a registered nurse for more than 20 years, with experience in long-term care, home health, clinic and acute-care hospital. She graduated from the University of South Dakota with her associate degree in nursing in 1997. She received her bachelor's degree in nursing from South Dakota State University in 2000.



Exploring Sepsis Strategies-Part 2: Care Coordination & Preventing Sepsis-Related Readmissions

September 30, 2021

11:00 - 12:00 PM PT

12:00-1:00 PM MT

1:00-2:00 PM CT

2:00-3:00 PM ET

[Register](#)

Speakers

Lisa Bromfield, MSN RN
COVID-SNF Grant
Resource Nurse Liaison
Frederick Health
Frederick, MD
IPRO HQIC

**Jackie Dinterman,
M.A., LBSW, ACM**
Director of Care
Management
Frederick Health
Hospital
Frederick, MD
IPRO HQIC

Join the Telligen, IPRO, Alliant Quality, and IHC-Compass HQICs for the second installment of a dynamic two-part webinar series featuring proactive strategies and tools for preventing all-cause harm related to sepsis and readmissions. Part 2 will focus on using effective care coordination and hand-off strategies to the next level of care provider to prevent sepsis-related readmissions. The presentation will also cover key infection prevention education for sepsis patients and families at discharge.

Learning Objectives

- Hear about successful strategies for partnering with skilled nursing facilities to prevent sepsis-related hospital readmissions
- Discuss challenges brought on by COVID-19 that affect care coordination and handoff to the next level of care
- Learn about project plans for overcoming current barriers to reducing sepsis readmissions

Who should attend?

- Nurses, Emergency Department Staff, Infection Preventionists, Pharmacy Staff, Clinical Leaders, Physicians, Care Coordinators, and Quality Professionals

Missed Exploring Sepsis Strategies Part 1? [Watch the recording.](#)

SAVE THE DATE

Compass Office Hours Call October 7, 2:00 PM (CDT)

During this call, the Compass Team will review updates, provide clarifications and answer hospital questions regarding the Compass HQIC measure set annual updates that are to be released October 1.

You can join the call with the button below.

Join the Call

<https://us06web.zoom.us/j/86434314164?pwd=UzJOUU84WXJJPWEZXMO51N01DcFBNQT09> (Link)

Virtual

Kansas Cancer Prevention and Control Plan 2022-2026

Town Hall Meeting | Sept. 30, 2021 at Noon CT

Register in advance for this meeting:

[us02web.zoom.us/meeting/register/tZAqd-qvrzouGtFAwIVU5ikyWHtxzn0Jdtot](https://us02web.zoom.us/join/zoom-join?from=invitation&url=us02web.zoom.us/join/zoom-join?from=invitation&url=us02web.zoom.us/meeting/register/tZAqd-qvrzouGtFAwIVU5ikyWHtxzn0Jdtot)

Your voice is needed. Please join us and share your input and feedback on how we can work together to reduce the impact of cancer in Kansas.

