



Become a Lifestyle Coach for a Diabetes Prevention Program

What is a Diabetes Prevention Program Lifestyle Coach?

A person passionate about diabetes prevention who is equipped with the knowledge, skills and confidence to deliver a successful diabetes prevention program in their community.

AADE Diabetes Prevention Program Lifestyle Coach Training

AADE is a CDC-approved Lifestyle Coach Training Entity and has developed a two-day training to equip participants with the skills to deliver the National Diabetes Prevention Program. This workshop will cover crucial components such as:

- CDC's PreventT2 curriculum –the cornerstone to a successful DPP
- Hands-on practice of group facilitation techniques to put the concepts into action
- Insight from actual lifestyle coaches on best practices and real-life examples

Resources includes:

- National Diabetes Prevention Program curriculum overview
- Lifestyle Coach Facilitation Guide (Phase 1 and Phase 2)
- Coach's Manual and Participant Manual
- Complimentary access to the online course Prevention 101: Fundamentals of Diabetes and Prediabetes (\$89 value)

Register for the upcoming training:

May 16-17, 8:00am - 4:00pm
Wichita State University, Rhatigan Student Center
1845 Fairmount St., Room 265
Wichita, KS 67260

Register here:

<https://www.myaadenetwork.org/p/cm/ld/&fid=7447>

There is no registration fee for this event, as it is being sponsored by the Kansas Department of Health & Environment.

