

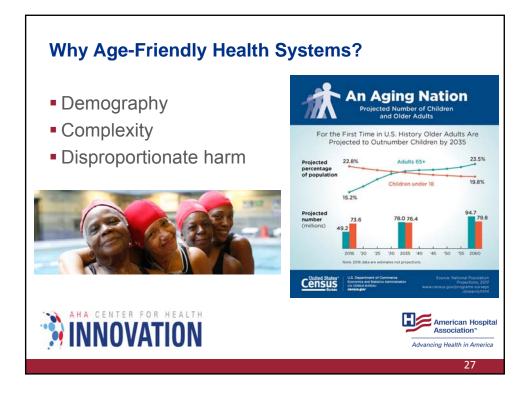


Outcome & Process Measures for HACs occurring in:	Readmissions for index discharges in, and SSI for procedures performed in:	Data Submission Due
January 2019	December 2018	28-Feb-2019
February 2019	January 2019	31-Mar-2019
March 2019	February 2018	30-Apr-2019
April 2019	March 2019	31-May-2019
May 2019	April 2019	30-Jun-2019
June 2019	May 2019	31-Jul-2019
July 2019	June 2019	31-Aug-2019
August 2019	July 2019	30-Sept-2019
September 2019	August 2019	31-0ct-2019
October 2019	September 2019	30-Nov-2019
November 2019	October 2019	31-Dec-2019









What is Our Goal?

Build a social movement so *all care* with older adults is *age-friendly care*:

- Guided by an essential set of evidence-based practices (4Ms);
- · Causes no harms; and
- Is consistent with What Matters to the older adult and their family.

Our first aim is to reach 20%: 1,000 hospitals & 1,000 primary care practices by December 31, 2020.

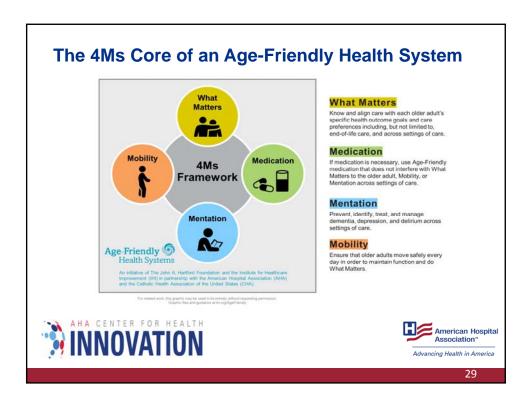


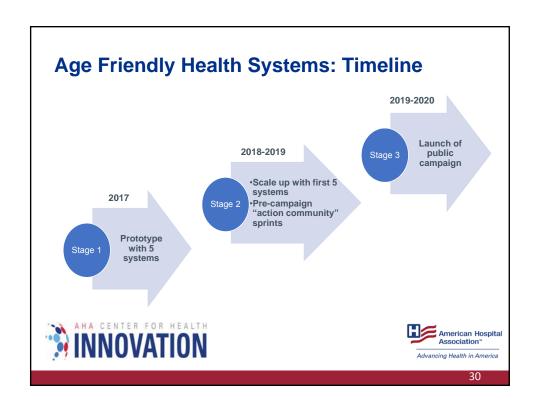


















Assess and Act On

- Almost all systems integrate some of the 4Ms into care, some of the time, with some older adults, in some place in their system.
 - Assess: Use an understanding of your current experience and capacity to engage in 4Ms care
 - Assess: Use the 4Ms to organize care and focus on the older adult
 - Act On: Integrate the 4Ms into care or existing workflows
 - Act On: Identify what activities you can stop doing to reallocate resources for the 4Ms and when the 4Ms are reliably in practice
- Overall, look for opportunities to combine or redesign activities, processes, and workflows around the 4Ms



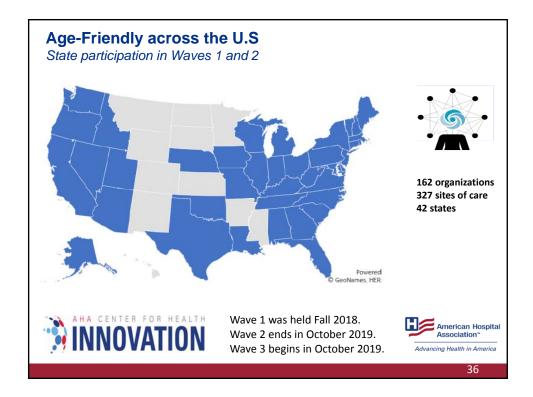


How KHC will support this initiative

- Attend webinars to become familiar with content and programmatic updates
- Attend in-person meetings (TBD)
- Monitor clinical team's completion of pre-work and monthly data submission
- Help gather successes and challenges for AHA to enhance the work







Action Community Participants-Wave 1 & 2

- List of participants by organization and state
- Available in the files pod

Team 🔻	Organization	Source -	State IT
Huntington Hospital		Wave 1	CA
Woodland Hills	Kaiser Permanente	Wave 1	CA
Saddleback Medical Center		Wave 1	CA
Acadia Adult Day Services	Alzheimer's Orange County	Wave 2	CA
South County Adult Day S	Alzheimer's Orange County	Wave 2	CA
Alzheimer's Orange Coun	Alzheimer's Orange County	Wave 2	CA
4East Team	City of Hope National Medical Center	Wave 2	CA
EHB Team	City of Hope National Medical Center	Wave 2	CA
Kaiser Permanente	Kaiser Permanente	Wave 2	CA
Inpatient Services	MemorialCare Saddleback Medical Ce	Wave 2	CA
Geriatric Trauma Multi-di	Stanford University	Wave 2	CA
Senior Emergency Care U	University of California San Diego Hea	Wave 2	CA
Population Health	University of California San Diego Hea	Wave 2	CA
Senior Behavioral Health	University of California San Diego Hea	Wave 2	CA
Trauma Surgery Unit with	University of California San Diego Hea	Wave 2	CA
Niche Elder Care Taskford	University of California San Diego Hea	Wave 2	CA
Post Acute Care Preferred	University of California San Diego Hea	Wave 2	CA
Anesthesia	University of California San Diego Hea	Wave 2	CA





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How does Age-Friendly Relate to the HIIN Goals?

- Cross cut with HIIN measures
 - Falls with injury
 - Patient Family & Engagement
 - Adverse Drug Events
 - Delirium
 - Pressure Ulcers



Action Community Monthly Data Collection

- Data submitted via survey monkey
- Submission includes:
 - Definition of the how you are putting the 4Ms into practice
 - Qualitative feedback about challenges or learnings the teams want to share
 - Count of 65+ people whose care includes the 4Ms
- Template available in files pod

your description o	his survey with your 4Ms Care Description for your hospital or health practice. When if 4Ms Care is aligned with the <u>Guide to Using the 4Ms in the Care of Older Adults</u> , we th next steps. For any questions, please email <u>ahaactioncommunity@aha.org.</u>
Health System	
	Care Practice, or Clinic Name. If you have multiple Primary Care Practices, please fill for each practice.
4Ms Care Descri	ption
First time su	bmitting description or description is revised from previous month
	has not changed from previous month and hospital/practice has received that description is accepted as aligned with Guide to Using the 4Ms in the Care

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4Ms Care Assessment

- Purpose:

 To understand team's current state within Age-Friendly care
- To be completed the first submission month or if description has changed from previous month

	What Matters	Medication	Mentation	Mobility
Aim	Know and align care with each older adult's specific health outcome goals and care preferences including, but not limited to, end-of-life care, and across settings of care	If medication is necessary, use age-friendly medication that does not interfere with What Matters to the older adult, Mobility, or Mentation across settings of care	Prevent, identify, treat, and manage delirium across settings of care	Ensure that each older adult moves safely every day to maintain function and do What Matters
Engagy Screen / Assess Piesse theck the boxes to indicate tiems used in your care or fills in the blanks if you check "Other."	List the question(s) you sak to know and align care with each older adult's specific outcome posits and care preferences: One or more What Matters operation will be breath operation; must be sized, operating must be sized.	Check the medications you screen for regular by Benachasepines [Dopioids [Dopioids [Disight] Anotholinergic medications (e.g., diphenly/dramine) [Dall prescription and overthe-counter sedatives and seep medications [Dall prescription and overthe-counter sedatives and seep medications [Dall prescription and overthe-counter sedatives and Seep medications [Dall prescription and overthe-counter sedatives and counter sedatives and prescription [Dall prescription and overthe-counter sedatives]. The prescription of the sedative sedatives are several sedatives and sedatives and sedatives are several sedatives and sedatives are several sedatives.	Check the tool used to screen for delinum: UUB-2 UUB-2 ICAM IBO-CAM IB	Check the tool used to screen for mobility limitations: ITUS Get Up and Go JH-HLM POMM POMM Refer to physical therapy Oother: Oother: Other's directed, will review.
Frequency	Once per stay Daily Other: Minimum frequency is once per	□Once per stay □Doily □Other: Minimum frequency is once per	Devery 12 hours Other: Minimum frequency is every 12 hours.	Once per stary Daily Other: Minimum frequency is once per
Documentation	□EHR	□EHR	□EHR	□EHR



Practical Ideas for Changing the "Way we do it"

- Convert the white board to a "what matters" board
- Mobility check upon check-in
- Blood draw to 6am instead of 4am
- Mobility place mats; Brain games on flip side
- My Story with every chart
- Add a mobility check to a vitals check
- Use Straws instead of pitchers

Resources

- 2-pager Flyer- highlights the 4Ms and how to join the action community
 - Available in the files pod
- Age-Friendly Slides- overview of the initiative and how to enroll into the Action Community
 - Available in the files pod
- Action Community Introduction Webinar- provides details about the 4M Framework and how to become an Age-Friendly Health System
- Getting Started Guide-designed for clinical teams to use to integrate the 4Ms within the unit
 - Available in the files pod





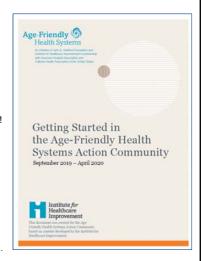
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Join the AHA Action Community

- Enroll through this link: https://www.aha.org/center/new-payment-and-delivery-models/age-friendly-health-systems/form/commitment-form
- Register for the Getting Started (Kick-off) webinar, today at 1pm CT
 - Register <u>here</u>: Must enroll in the action community first!
- Participate in AHA's Action Community (Sept. 2019 -April 2020)
 - Monthly all-team webinars
 - Scale-up leaders webinars
 - Listserv, sharing learnings
 - Monthly reports on testing and learnings
 - Celebration of joining the movement!

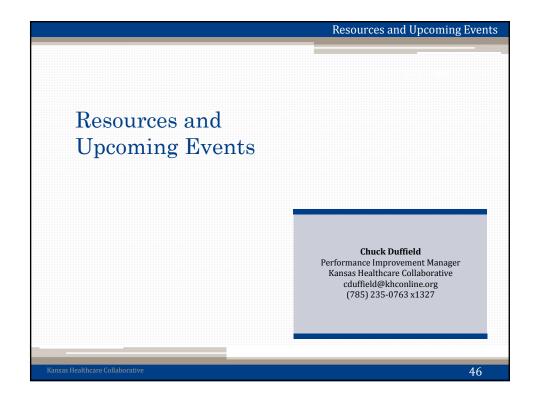
Email ahaactioncommunity@aha.org with any questions.











Upcoming Events Upcoming KHC HIIN Webinars KHC HIIN Webinar Topic: Antibiotic Stewardship (details pending) Kansas hospitals are encouraged to attend our monthly virtual meetings for HIIN updates, education, and peer-to-peer sharing. Oct 23, 2019 • 10:00 to 11:00 am Register Here: https://khconline.adobeconnect.com/khc-hiin-10-23-19/event/registration.html KHC HIIN Webinar Nov 20, 2019 • 10:00 to 11:00 am Register Here: https://khconline.adobeconnect.com/khc-hiin-09-25-19/event/registration.html KHC Hand Hygiene Collaborative Quarterly Virtual Session Nov 1, 2019 | 11:00 a.m. – 12:00 p.m. Kansas hospitals participating in Cohort 2 of the KHC Hand Hygiene Collaborative are invited to participate in each quarterly session. Contact Chuck Duffield (cduffield@khconline.org) for webinar registration link.



Announcements and Updates KHAThree-part De-escalation Webinar Series The Kansas Hospital Association has announced a three-part webinar series to address current challenges that many — health care employees, volunteers, and others who interact with aggressive individuals — face in the health care setting. Each webinar begins at 12:00 p.m. • Oct. 22 – *Sticks and Stones and Getting Along:* Controlling Conflict with Communication • Nov. 12 – All Patients are Unique (Just Some more than Others): Deescalation Techniques in Atypical Health Care Settings **Dec. 10** – S E C U R I T Y: Who is Responsible? (Hint: It's someone you know.) Webinar series brochure Online registration link



National Content Developer NCD Pacing Event Topic: Venous Thromboembolism (VTE) September 26, 1 to 2 pm Register here

