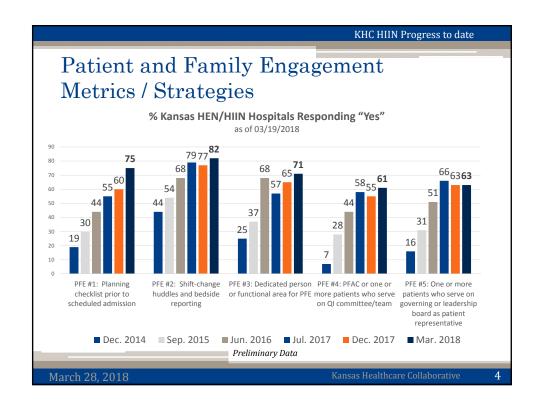


# Agenda Introductions and Announcements KHC HIIN Data Update Post Fall Management: Getting to Types of Falls, Repeat Falls, and Determining Preventability Upcoming Events







### KHC HIIN PFA/PFAC Collaborative

# 38 Kansas hospitals participating in Cohort 4

### TRACK 1

Allen County Hospital Grisell Memorial Hospital

Ashland Health Center Kearny County Hospital

Atchison Hospital Kingman Community Hospital

Clara Barton Hospital Rawlins County Health Center

Ellinwood District Hospital Sumner County Hospital District No. 1

Goodland Regional Medical Center Western Plains Medical Complex

March 28, 2018

Kansas Healthcare Collaborative

### KHC HIIN PFA/PFAC Collaborative

### TRACK 2

Anderson County Hospital
Citizens Medical Center, Inc.
Comanche County Hospital
Edwards County Hospital
and Healthcare Center
Ellsworth County Medical Center
Gove County Medical Center
Greenwood County Hospital
Hays Medical Center
Hiawatha Community Hospital
Holton Community Hospital
Hospital District No. 1 of Rice County
Hutchinson Regional Medical Center

Lawrence Memorial Hospital
Lindsborg Community Hospital
Logan County Hospital
Meade District Hospital/Artesian Valley
Health System
Memorial Health System
Mercy Hospital Fort Scott
Neosho Memorial Regional Medical Center
Newton Medical Center
Pawnee Valley Community Hospital
Ransom Memorial Hospital
Rush County Memorial Hospital
South Central Kansas Medical Center
Trego Co. Lemke Memorial Hospital

March 28, 2018

Labette Health

Kansas Healthcare Collaborative



### KHC HIIN

### KHC HIIN Data Report Updates

The final KHC HIIN data analytic report package for March will be emailed to each hospital today.

### It contains:

- Data submission monitoring report,
- Data analytic report, and
- side-by-side report showing overall progress by topic toward HIIN 20/12 goals

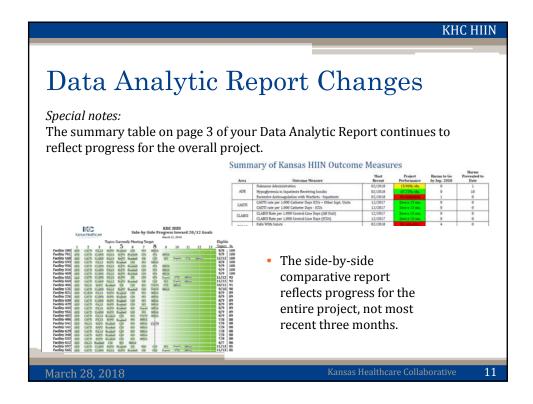
The HIIN Improvement Calculator is distributed quarterly to KHC HIIN primary and secondary contacts. Your hospital's updated calculator was emailed to contacts yesterday (3/27).

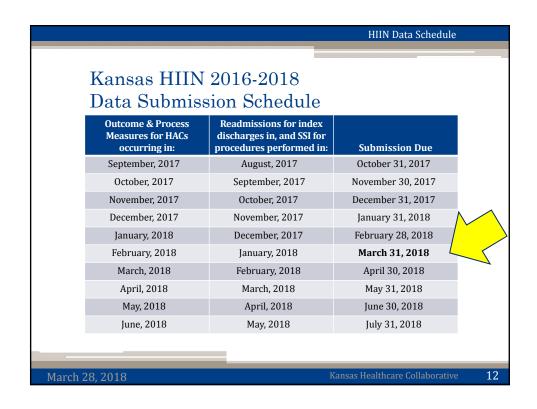
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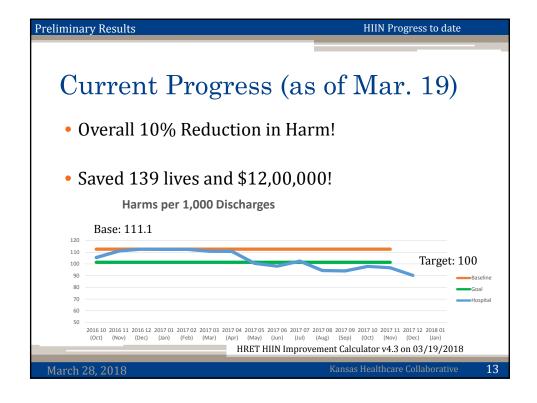
Kansas Healthcare Collaborative

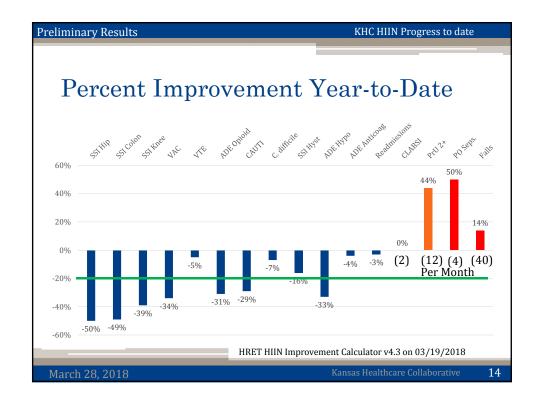
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### KHC HIIN Data Analytic Progress Summary Report Changes Overall Project Most recent 3 Mos. 9.64% rdx. During the course of Your facility's most Addition of a 3-month the HIIN project, recent three months your facility's overall of data reflects progress summary in rate for this measure improvement has not improved compared to the detail slides. since baseline. baseline for this measure. Harms Prevented: 3 Harms to Go: 19 Addition of Harms **Prevented and Harms** to Go March 28, 2018

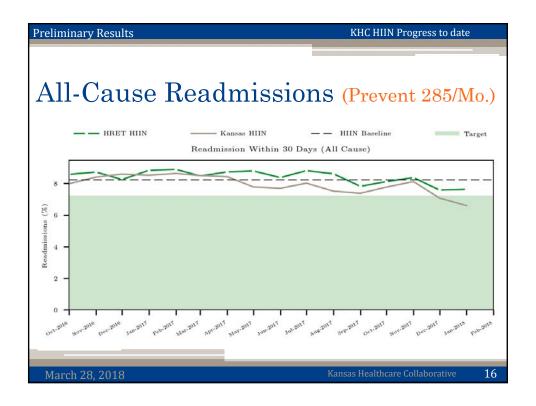


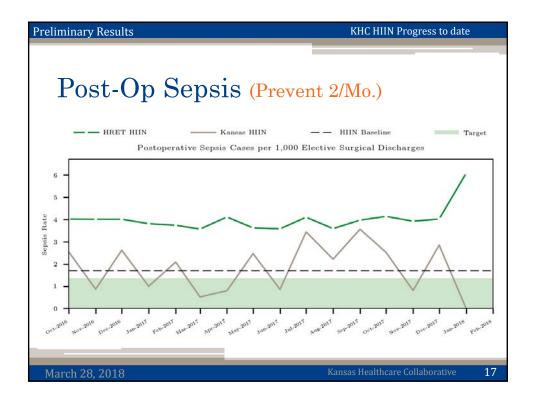


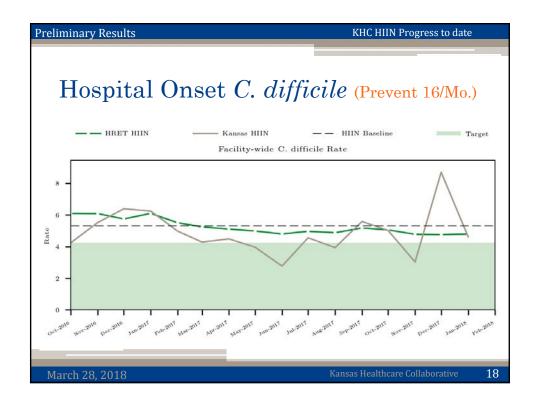


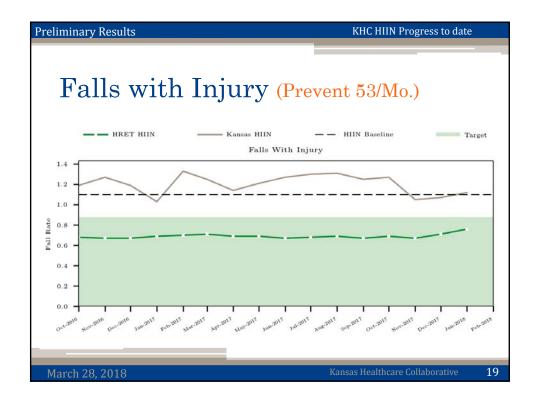
















# **Objectives**

- Examine post fall practices as key intervention to reduce repeat falls
- Differentiate:
  - Post Fall Huddles
  - Post Fall Management
  - Post Fall Documentation
  - Incident Report

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### Let's Share!

- How do you know your fall prevention program is working?
- Can you affirm that patients who fall more than once are not falling for the same reason?
- How is your post fall program working?
- How do you measure success?



### Post Fall Practices

- Post Fall Huddle
- Post Fall Assessment
- Patient/Resident/Family Education
- Staff Education

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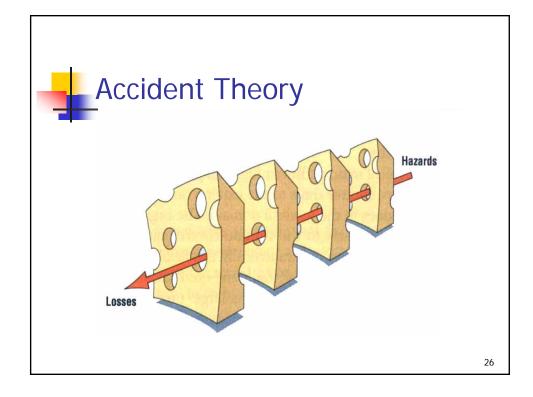
# Huddles

How Many Huddles Are You Doing?



# Safety Huddles

- Pre-Shift Huddles
- Post Fall Huddles
- Conducted with the patient/resident where the fall occurred within 15 minutes of the fall
- Post Fall Analysis
  - What was different this time?
  - When
  - How
  - Why
  - Prevention: Protective Action Steps to Redesign the Plan of Care





# Post Fall Huddle (PFH): Essential Components

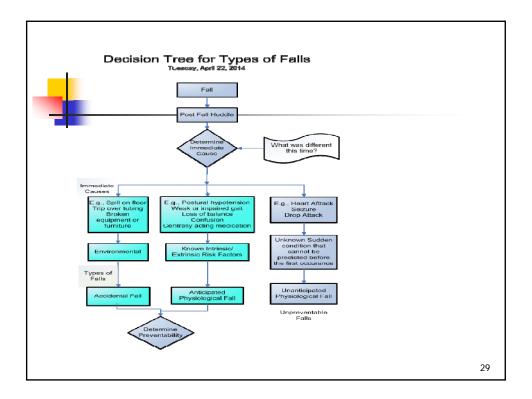
- A brief staff gathering, interdisciplinary when possible, that immediately follows a fall event.
- Convenes within 15 minutes of the fall event
- Clinician(s) responsible for patient/resident during fall event leads the PFH
- Involves the patient/resident whenever possible in the environment where the patient/resident fell
- Requires Group Think to discovery what happened.
- Utilizes discovery to determine the root cause / immediate cause of the fall: why the patient/resident fell.
- Guiding question to ask: What was different this time you were doing this activity, compared to all the other times you performed the same activity (and did not fall), but this time you fell?

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## Steps to the Post Fall Huddle

- 1. TL makes announcement
- 2. Convene within 15 mins with the pt/resident in the environment where the patient/resident fell
- 3. Conduct Analysis: Determine root cause of fall, injury and Type of Fall
- 4. TL summarizes information gleaned from PFH and intervention(s) for prevention of repeat fall are decided by the huddle team.
- 5. TL completes of the Post-Fall Huddle Form and processes the form according to medical center policy and procedure.
- 6. Modifies the fall prevention plan of care to include interventions to prevent repeat fall
- 7. Communicate updated plan of care in patient/resident hand-off reports.
- 8. Complete EMR Post Fall Note





# **Determine Preventability**

- Step 1: Conduct the Post Fall Huddle.
- Step 2: Determine the Immediate Cause of the Fall.
- Step 3: Determine the Type of Fall.
- Step 4. If Accidental and Anticipated Physiological Falls, determine Preventability:

Could the care provider (direct care provider) have anticipated this event with the information available at the time?

- If the Answer is NO, the fall is Not preventable.
- If the answer is YES, the provider must ask another question: Were appropriate precautions taken to prevent this event?
- Answer:
  - No, Clearly or likely Preventable;
  - Yes, Clearly or likely Unpreventable

Levinson, D. R., (2010, Nov). Adverse events in hospitals: National incidence among Medicare beneficiaries. DHHS. OEI-06-09-00090



### Post Fall Huddle Form

Don't Morph This Form to Be Something Else

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# Outcomes of Post Fall Huddles

- Specify Root Cause (proximal cause)
- Specify Type of Fall
- Identify actions to prevent reoccurrence
- Changed Planned of Care
- Patient / Resident (family) involved in learning about the fall occurrence
- Prevent Repeat Fall
- Reduce Repeat Fall Rate

### Post Fall Huddle Resources



VA: Falls Toolkit

Post Fall Huddles

www.patientsafety.va.gov
AHRQ Falls Toolkit 2013

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### **Tools**

- Post Fall Huddle Process
- Decision Tree
- Post Fall Huddle Form
- Determine Preventability
- Case Study Exercises



### Outcomes of Post Fall Huddles

- Specify Root Cause (proximal cause)
- Specify Root Cause of Injury
- Specify Type of Fall
- Identify actions to prevent reoccurrence
- Changed Planned of Care
- Patient/Resident (family) involved in learning about the fall occurrence
- Prevent Repeat Fall

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### Formative Measures

- Structures:
  - Who attends: Nursing and others Count them
  - Changed Plan of Care: Add actions to your runchart: Annotated run chart; Capture interventions
- Processes:
  - Timeliness of Post Fall Huddle (number of minutes)
  - Timeliness of changing plan of care
  - Time to implemented changed plan of care



### **Summative Outcome**

- Prevent Repeat Fall: Same Root Cause and Same Type of Fall
- Reduce costs associated with falls and fall related injuries

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### Post Fall Assessment

Different than a Huddle!



### Post Fall Assessment

- In-depth Data Gathering
- Circumstances of the Fall
- Patient/Resident Presentation
- Assessment of Patient/Resident Condition

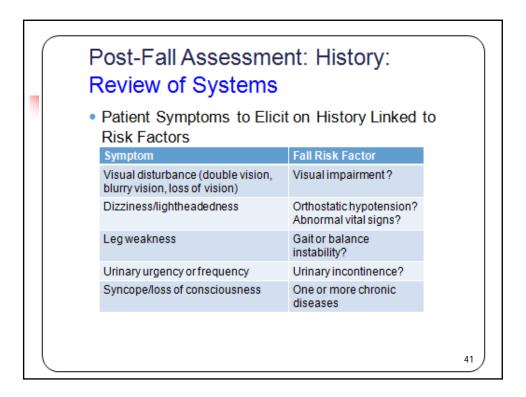
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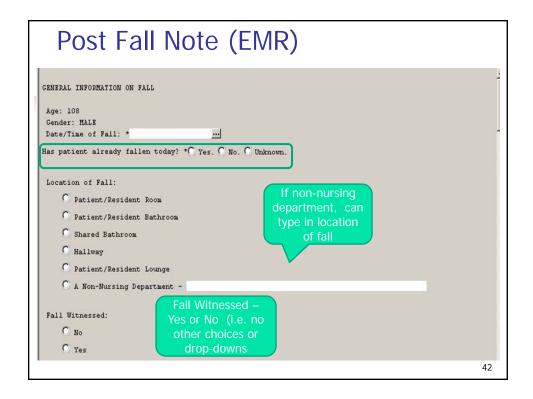


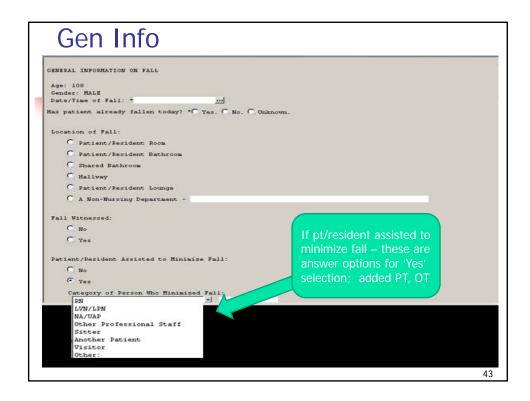
### Comprehensive Post-Fall Assessment

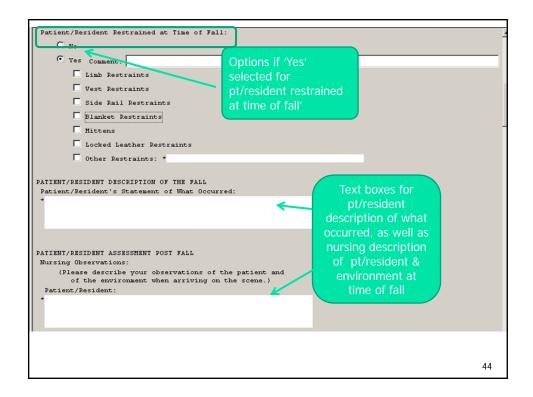
### Includes:

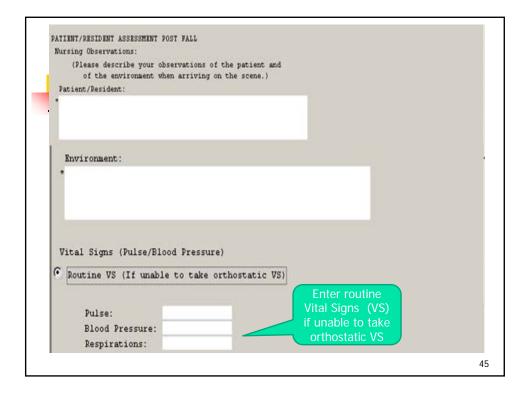
- General information about the fall
- Subjective & objective falls documentation
- Patient/Resident Assessment vital signs; visible signs of injury (type & pain scores); glucometer (if diabetic or facility policy); Glasgow Scale (if suspected brain injury) and Morse Falls scale
- Interventions based on Fall Risk Scale/ Morse falls scale
- Facility personnel and family notification

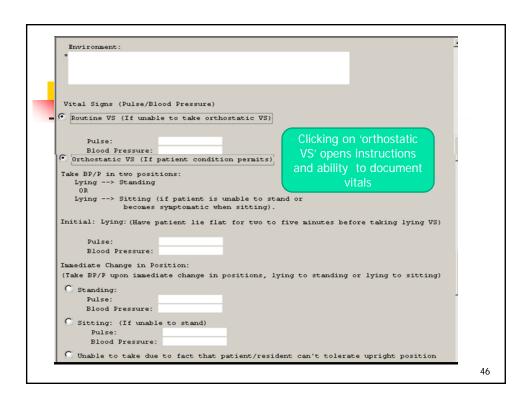


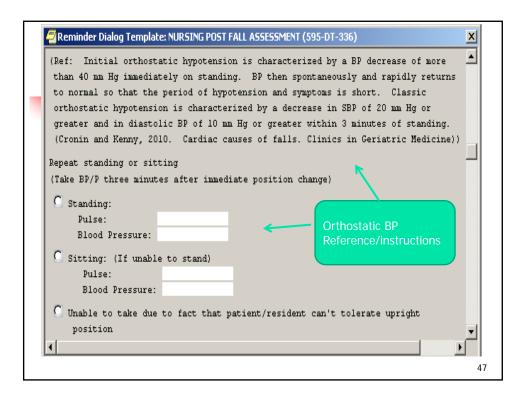


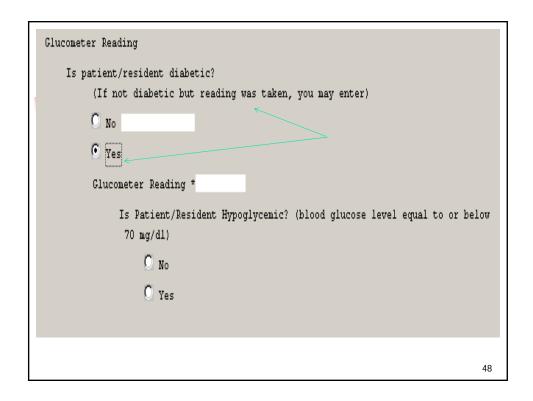


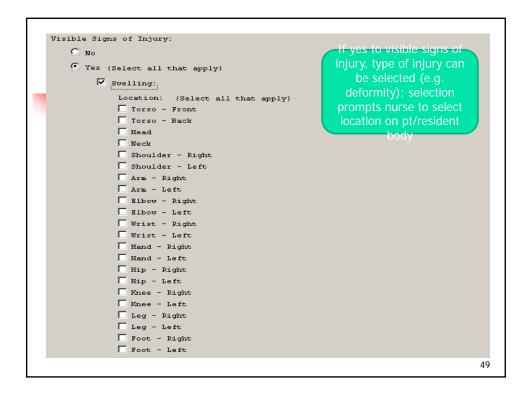


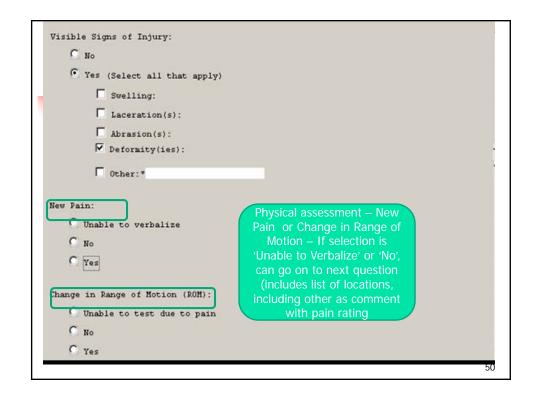


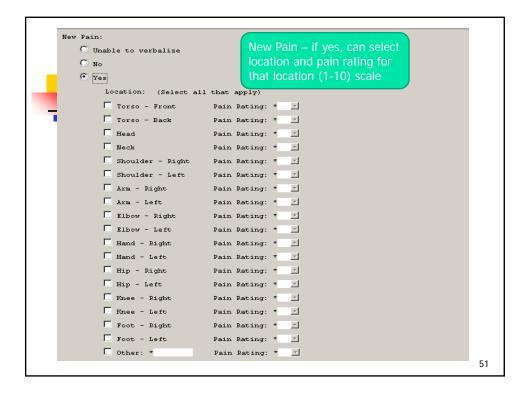


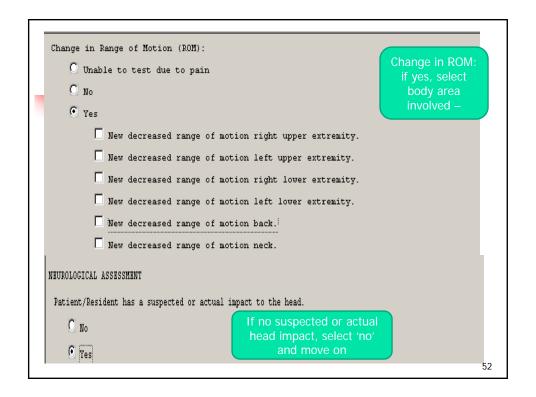


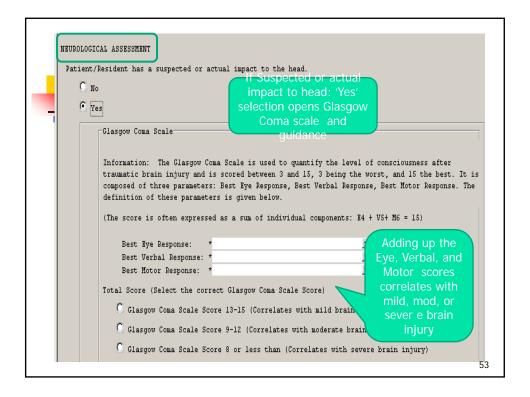


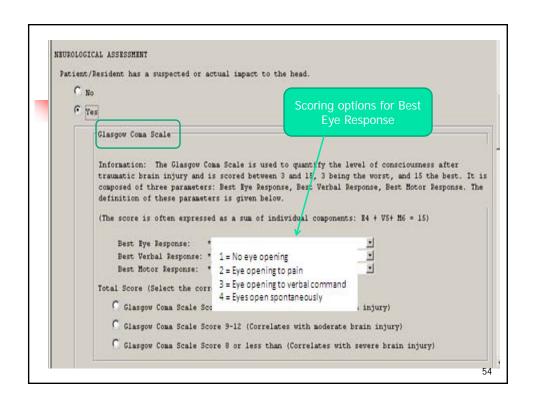


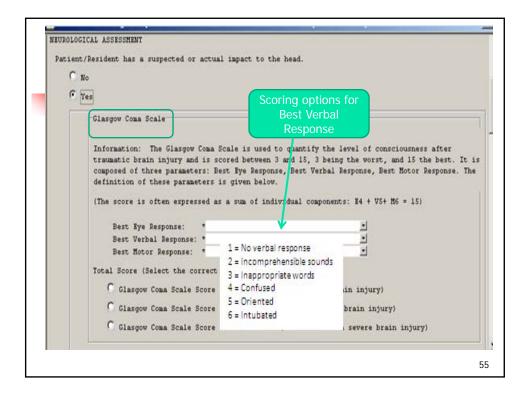


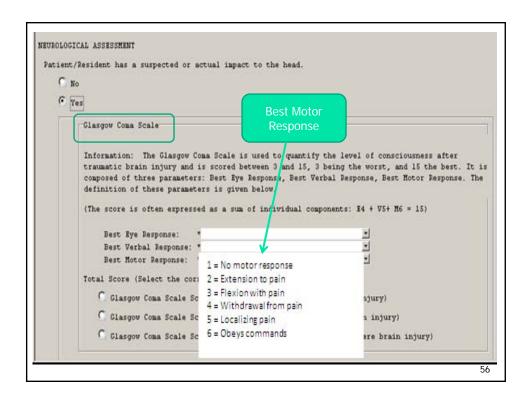


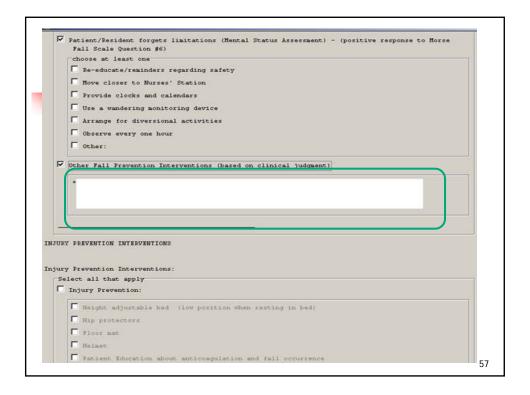


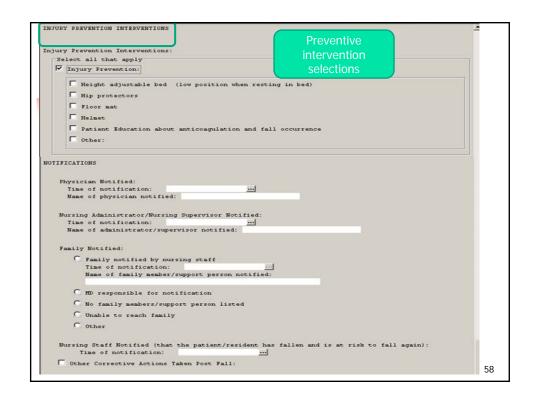














# Teaching: After a Fall

- Reframe patient/resident education curricula to include "what happens after a fall".
- What can we learn from this event?
- How can we work together to prevent this again?

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### Staff Education

- Universal Fall Prevention
- Individualized Fall Prevention
- Injury Reduction Strategies
- Root Cause Trends of Falls
- Interventions for Improvement
- Impact of Changes in Practices



# You Can Always Reach Me!

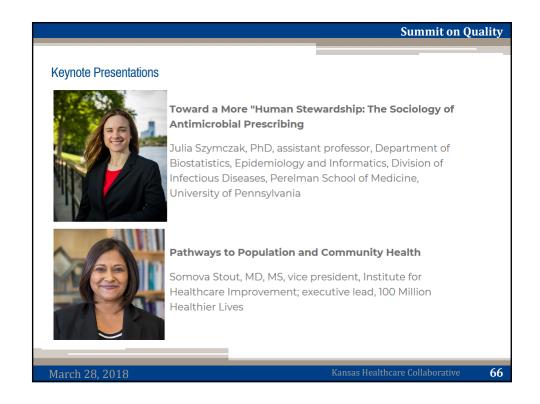
- Patricia Quigley, PhD, MPH, ARNP, CRRN, FAAN, FAANP, Nurse Consultant
- pquigley1@tampabay.rr.com













# Mark Your Calendars! KHC HIIN Webinars April 25, 2018 May 23, 2018 Save the Date! KHC HIIN Sepsis Champion Workshop June 27 (tentative) Location TBA



