

# Health Coaching Improvement Workshop

**Do you want to take your health coaching skills to the next level?  
Do you want some coaching practice and feedback prior to taking your  
Competency Exam? Join us for a Health Coaching Improvement Workshop.**

Compass Practice Transformation Network (PTN) is pleased to partner with the Iowa Chronic Care Consortium to offer a one-day live Health Coaching Improvement Workshop. This workshop will be led onsite by a fantastic and highly skilled Clinical Health Coach faculty member. The content of these workshops will complement and enhance the information provided in the Clinical Health Coach online training and will include:

- Discussion on how to improve motivational interviewing skills.
- Skills practice in health coaching.
- Live coaching conversation demonstrations.
- Guided practice and peer/faculty feedback through coaching triads.
- Additional tips and strategies to earning a Certificate of Competency in Clinical Health Coaching.

Registration is free for:

- Staff members who have completed or are in the process of completing the Clinical Health Coach Training Online offered by Compass PTN.
- Health coaches who have gone through health coach training in the past with the Iowa Chronic Care Consortium and would like to refresh and practice their skills.

To participate in these workshops, you must be employed by an organization enrolled in Compass PTN. This will be an enjoyable day and a great opportunity to network with other health coaches.

**Questions? Please contact Lori Galimoto at [galimoto@ihconline.org](mailto:galimoto@ihconline.org) or (515)283-9379.**

