

# **KDHE-KHC Syndromic Antibiotic Stewardship Series**

Session #1 - April 5 - Focused Initiatives for the Prevention and Treatment of UTI

Session #2 - May 3 - Focused Initiatives for Wounds, Skin, and Soft Tissue

Session #3 – June 7 – Focused Initiatives for Upper & Lower Respiratory Infections

Session #4 - July 12 - Focused Initiatives Directed Toward Sepsis

Session #5 – August 2 – Focused Initiatives Directed Toward Shorter Courses and Reducing Prophylactic Antimicrobial Use

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### **Continuing Educational Credit Instructions**

Steps to Obtain CNE or CPE:

- 1. Fill out the CNE or CPE Sign-In Form
- $2. \hspace{0.5cm} \hbox{Participate in the polls. } \textbf{Each participant must be logged in separately.} \\$
- 3. Email fully completed form to: jdaughhetee@khconline.org

### **Presenters**

### Kellie Wark, MD, MPH

Antimicrobial Stewardship Lead Kansas Department of Health and Environment Kellie.Wark@ks.gov

Asst. Professor of Infectious Disease The University of Kansas Health Systems kwark@kumc.edu



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# **Objectives**

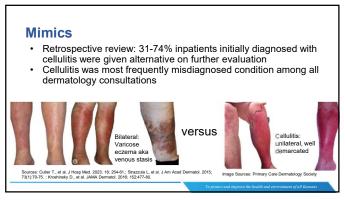
- Discuss the epidemiology and pathogenesis of wounds, skin and soft tissue infections
- Identify and implement evidence based antibiotic stewardship initiatives directed towards wounds, skin and soft tissue infections
- Differentiate effective communication strategies to optimize antimicrobial choices

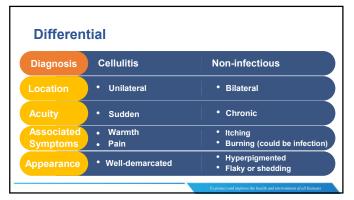
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# **Epidemiology - Cellulitis**

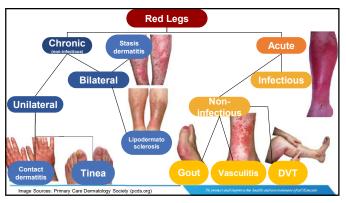
- 14.5 million diagnosed annually •
- 650,000 hospital admissions
  10% of all infectious disease related hospitalizations
- Nursing homes: 3rd most common infection diagnosed
- Most common skin diagnosis
- >50% of antibiotics ordered by offsite providers
  - site providers
    <50% had documented follow-up</li>

Sources: Cutler T., et al. J Hosp Med. 2023; 18; 254-61; Yogo N., et al. Front Med 2016; 3(30





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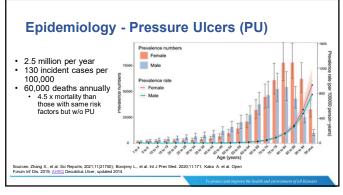
Diagnosis: ALT-70	INSTRUCTIONS  Unall radius passents presented to not use if visible absolutely.	or Cellulitis 👉 mey celulars over other disperses.  Fig. 18 to 3 of the design of close disperses to contain  Fig. 18 to 3 of the design of close disperses to contain  Fig. 18 to 3 of the design of close disperses to contain  Fig. 18 to 3 of the design of close disperses to contain  Fig. 18 to 3 of the design of close disperses  Fig. 18 to 3 of the de
Model for predicting presence of true cellulitis in the Emergency Department (ED)  • Asymmetry • Leukocytosis • Tachycardia • Age  Model for predicting presence of true consider years of the Emergency of the Em	When so Use ~  Algoriments:  Age 270 years  WIGC IN ED 250 bigm  5 points	Pearly (Print)   Very Date or
,	ALT-70 Score	>42.2% liketihood of true celluliess
		Copy Results 🛢 Next Steps 30
Sources: Raff A., et al. JAAD. 2017; 625. Singer S et a. JAAD. 2019; 1252-58; Li D., et al. JAAD. 2018;78(6):1076-80.		MDcalc.com
	To protect and improve	the health and environment of all Kansans

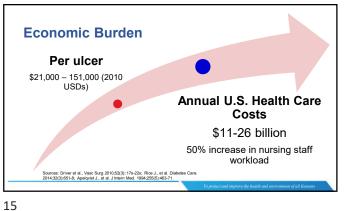
Example Guidelines				
Condition	Pathogens	Treatment	Duration	
Impetigo		Topical mupirocin 2% three times daily	5 days	
If numerous lesions	Staphylococcus spp Streptococcus pyogenes	Cephalexin 500 mg TID to QID or Cefadroxil 500 mg BID  Penicillin Allergic Alternative: Amoxicillin/clavulanate 875 mg BID	5 days	
Erysipelas	Streptococcus pyogenes Beta-hemolytic strep	Amoxicillin 500-875 mg BID to TID  Penicillin Allergic Alternative: Amoxicillin/clavulanate 875 mg BID Clindamycin 300 mg QID	5 days	

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Example Guidelines			
Condition	Pathogens	Treatment	Duration
Non-purulent cellulitis	Streptococcus pyogenes / beta- hemolytic strep Staphylococcus spp	Cephalexin 500 mg TID to QID or Cefadroxil 500 mg BID	5 days (may extend based on response)
Non-purulent cellulitis with MRSA risk factors*	Staphylococcus spp MSSA MRSA	Cephalexin or cefadroxil PLUS Bactrim 1-2 DS tab BID or Doxycycline 100 mg BID Penicillin Allergic Alternative: Clindamycin 300 mg QID	5 days (may extend based on response)
		onization, close contact with MRSA, high community tary barracks, prison), contact sports (wrestling, foo	

Example Guidelines			
Condition	Pathogens	Treatment	Duration
Purulent cellulitis with drainable collection MSSA MRSA Beta-hemolytic strep (less common)	Perform Incision and Drainage (I&D) Adjunctive antibiotics are recommended in certain scenarios if drained*	5 days (may	
		* abscesses >2 cm, extensive disease (multiple abscesses or multiple sites of infection), clinical signs or symptoms of infection, inadequate response following I&D, immunosuppression	on response
Purulent cellulitis WITHOUT drainable fluid collection	MSSA MRSA Beta-hemolytic strep (less common)	Bactrim 1-2 DS tabs BID or Doxycycline 100 mg BID	5 days (may extend based on response)





# Pressure Ulcer Locations Ischium Sacrum Buttocks Trochanter Heels Malleolus Scapula Elbow Source Borgeny L., et al. lid J Prev Med. 2000;11(5):171.

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# **Polling Question**

Which of the following are factors in development of a pressure ulcer?

- A. Immobility and debility
- B. Infrequent off-loading
- C. Malnutrition
- D. Urinary and/or fecal incontinence
- E. All of the above

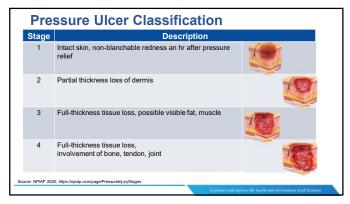
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# **Polling Question**

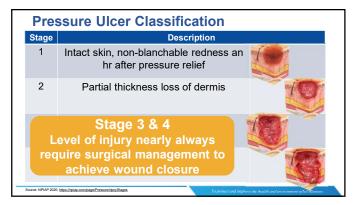
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Risk Factor	OR (95% CI)
Antibiotic resistant infection	2.85 (2.1-3.7)
Underweight	2.2 (1.2-4.2)
Paraplegia > Quadriplegia	2.3 (1.8 – 2.4)
Malnutrition	2.1 (1.6-2.8)
Diabetes	1.7 (1.4-2.3)
Male	1.6 (1.4-1.8)
Black	1.5 (1.3-1.7)
Chronic Obstructive Pulmonary Disease (COPD)	1.5 (1.3-1.7)
Bowel incontinence	1.3 (1.1-1.6)
Obese	0.5 (0.3-0.9)



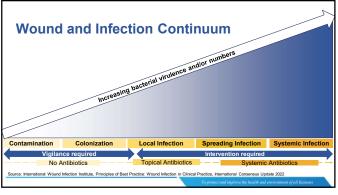
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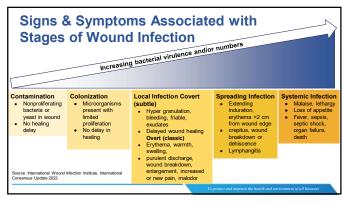


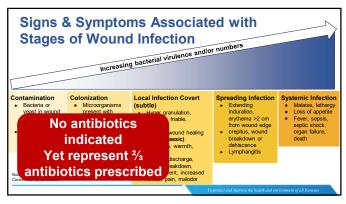
Polling Question
True or False: In a chronic wound the only good bacteria are dead bacteria?
A. True
B. False
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# Polling Question True or False: In a chronic wound the only good bacteria are dead bacteria? A. True B. False

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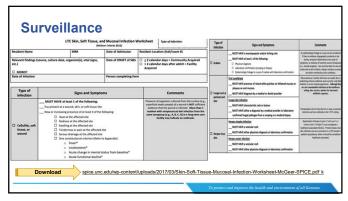






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# Surveillance Definitions 1. Pus presence at a wound, skin or soft tissue site 2. New or increasing presence of at least 4 of following: • Heat • Redness • Swelling • Tenderness or pain • Serous drainage • 1 constitutional criterion (e.g., fever >100.5F, leukocytosis >14,000, mental status change, acute functional decline) Presence of organisms cultured from surface of wound are not sufficient evidence that the wound is infected

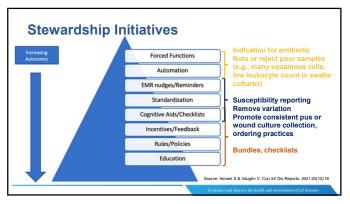


# Culturing Surface wound culture pathogen results representing true infection Sensitivity 49% Specificity 62% When swabs obtained, rotate swab over a 1-cm square area with sufficient pressure to express fluid from within wound or tissue

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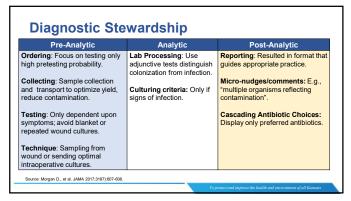
# Polling Question Wound culture specimens in my facility are obtained by the following methods (select all that apply) A. Dressing drainage swabs B. Surface wound swabs C. Deep wound swabs D. Fluid aspiration E. Tissue biopsy F. Not sure

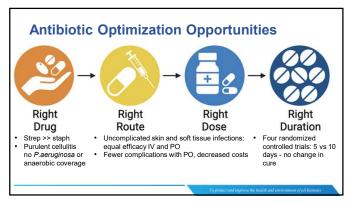




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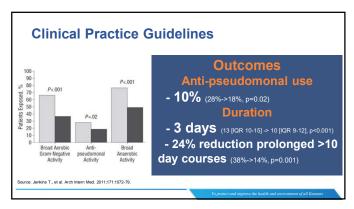
# Choosing Initiatives Any intervention may be effective in isolation, a combination of interventions targeting both SYSTEMS + PERSONS is most effective Designing successful intervention bundle involves 6 crucial steps: 1. Assess need & define underlying problem 2. Identify which key barriers are modifiable, have greatest impact for change 3. Implement 1 change at a time 4. Use complementary approaches 5. Test intervention in pilot population 6. Assess outcomes at regular intervals Saurce Advant 8 & Waught V. Curr let Dis Reports. 2021;22(10):18

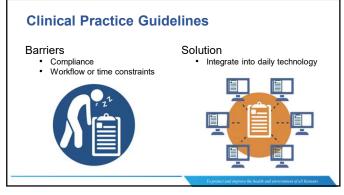




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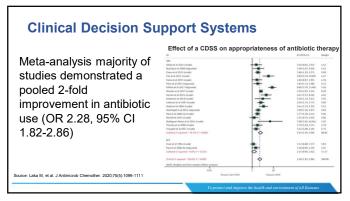
# Clinical Practice Guidelines Guideline development for cellulitis and abscesses Included in order set Educational campaign e-mail intranet work areas Guitures 14% (80%->66%, p=0.003) Imaging 14% cellulitis (94%->80%, p=0.03) + 11% abscesses (69%->80%, p=0.09)

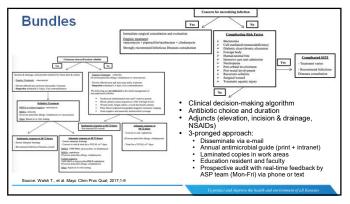




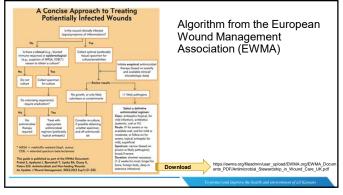
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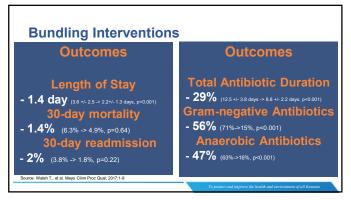
### **Clinical Decision Support Systems Outcomes** · Clinical Decision Support System (CDSS) for empiric Length of Stay antibiotic prescribing **- 47%** (0.53, 95% CI -0.97 to -0.09, p=0.018) non-purulent cellulitis 30-day readmission · Pulls in EHR data to provide No change (CI 10.38%->10.58%, p=0.8180) real-time recommendations 30-day mortality (e.g. prior micro, prior No change (CI 5.37%->5.49%, p=0.8730) antibiotics, renal function) Source: Ridgway J, et al. CID; 2021;4;72(9):e265-71.

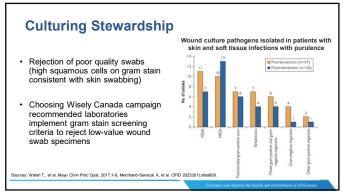




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<b>Culturing Stewardship</b>						
		Sqı	uamous e	pithelial	cells	
"Q score" quality metric compares neutrophils and squamous cells     Standard for sputum, increasingly used for wound cultures     Q score 0 considered low quality, not further processed		Cells/L PF	0	1-9	10-25	>25
	Pus cells	0	3	0	0	0
	(neutrop	1-9	3	0	0	0
	IIIS)	10-25	3	1	0	0
		>25	3	2	1	0
					amous ce	
Source: Merchand-Senecal X, et al. OFID 2023;8(1):daa609.		for impro unable	perly iden to mount	tified steril immune r	s are assig e specime esponse	ens or those

23%) DOT per per pat proquinolones: 1.	e more likely t ient low-qualit 49->1.26	o have stopped antibiotics by day 5
ι	uality swabs werd 23%) DOT per per pat oroquinolones: 1.	uality swabs were more likely t

# **Polling Question**

What are examples of nudges?

- A. Micro commentary intended to guide prescribers towards (or away) from certain antibiotics
- B. Poster intended to guide a patient-clinician discussion towards certain management options
- c. Hiding of desirable options (e.g., narrow antibiotics) and masking undesirable options (broad antibiotics)
- D. Visual enhancement of desirable treatment options or antibiotics over nondesirable options
- E. All of the above

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# **Polling Question**

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# **Micro Nudges**

### **Endorsed by IDSA/SHEA and CLSI**

### Goal: Guide prescribers towards certain antibiotics

- Selective or cascading reporting are most common
- Should be interdisciplinary (developed by lab, stewardship, end-users)
- Can be implemented at different timepoints inpatient care: initial work-up, antibiotic-initiation/selection or end (duration)

### Three forms:

- 1- Present desirable options, and mask undesirable options
- 2- Frame recommendations with comments to guide decisions
- 3- Visually enhance desired options

Source: Langford B et al. ICHE 2019;40(12):1400-06

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# **Reporting Nudges**

### Leverage the Laboratory to Improve Antibiotic Use

- Result text interpretation
- "No MRSA/no Pseudomonas identified"
- "No neutrophils or pus cells identified in the sample indicating minimal inflammation possibly consistent with normal flora or contamination"
- "This specimen will not be processed further as the microscopic exam shows epithelial cells with minimal inflammation. Culture may represent bacterial colonization"

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# **Polling Question**

True or False: effective communication strategies work by re-framing the message towards actionable steps (e.g., "watch and wait" vs "start compression stockings, elevate the legs and monitor for worsening redness")

A. True

B. False

# **Polling Question**

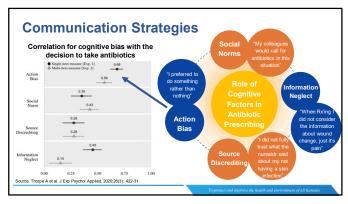
True or False: effective communication strategies work by re-framing the message towards actionable steps (e.g., "watch and wait" vs "start compression stockings, elevate the legs and monitor for worsening redness")

### A. True

B. False

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# **Communication Strategies**

### **Reframe the Inaction Message - Prescriber**

- · "Watch and wait"
- "Wait for cultures"
- "Start elevating your legs at least 2 times a daily, avoid dangling, and start wearing compression stockings"
- "Cultures are negative there is nothing more to do"
- "Good news! Although we probably did not need cultures since the wound has not changed recently, they confirm it is only normal skin bacteria in the wound. Let me know if you develop symptoms of a skin infection (spreading redness, warmth, increased drainage or fevers)"

# **Communication Strategies**

### Reframe the Inaction Message - Nurse

- call back if symptoms change"
- · "Likely not an infection, · "The chronic drainage is because the wound is open, but unless you develop symptoms of redness, increased pain, warmth or fevers or other new or concerning symptoms, the antibiotics will not help. Let's get you over to wound clinic to help heal this wound"
- "Cultures are negative
- there is nothing more to infection I am documenting that no McGeer criteria are met"

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## **Social Determinants: Clinician Relationships**

- Prescribing etiquette and the norm of noninterference
- · Hierarchy
  - Junior physicians defer to attendings
  - · Senior colleagues and social networks more influential than guidelines or education
- · Sustained change requires internalization of new social norms
  - · Recruit champions
  - Trusted and influential

Sources: Charani E., et al. CID 2013; 57(2): 188-96; Papoulsi C., et al. J Antim 2017;72(9): 2418-30; Sikkens J., et al. JAMA Intern Med 2017;177(8):1130-38.

antimicrobial prescribing in the dutch unique antimicrobial stewardship (DUMAS)

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### **Education**

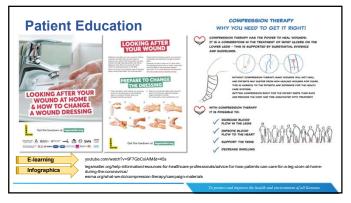


**EWMA Wound and Infections** 

3-weeks, 2 hours/week

- · Antibiotic Stewardship in wound management
- Identifying wound infections and prevention of infection, identify early signs of infection
  Cases, change management
- strategies

E-learning (free)



# **Practice Changes**

### **Workflow Algorithms**

- Review diagnostic/treatment tools or algorithms to determine if outdated or not evidence based
- · Quit the dipsticks
- Obtain and store cultures properly
- Multidisciplinary approach (wound clinic for chronic wounds, vascular/podiatry for foot wounds)

### Guidelines

Include **not** treating colonized wounds (and exceptions)

### **Decision Support**

- Results message-framing, nudging
- EMR diagnostic pathways

# Communication

- Prompts
- Alternative treatment tools

### Education

- Staff + patients
- Peer education
- Providers re: guidelines

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Tha	ank You!
Kansas Department of Health and Environment	Kansas Healthcare Collaborative
Kellie Wark, MD, MPH AS Lead Kellie.Wark@ks.gov	Jill Daughhetee, CMPE, PCMH CCE Director of Education and Communication (785) 235-0763 idaughhetee@khconline.org
Bryna Stacey, MPH, BSN, RN, CIC HAl/AR Section Director Bryna.Stacey@ks.gov	
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