## Spring is a **great** time to clean out your medicine cabinet



Use the next "DRUG TAKE BACK DAY" to dispose of unneeded medications properly.

Please share this with your community, churches, family, and friends.

- Visit the DEA website
- Type in your zip code
- Find the closest collection site



Do you have medicine you want to get rid of?

Drug Disposal Options | FDA

**IMPORTANT:** If you or someone you care for has been prescribed a narcotic or opioid, it is VERY important to use and dispose of these medications safely. Please take the time to watch this short video in the link below and learn what you can do to address the Opioid Crisis:

In Virginia: Mind Your Meds | SeniorNavigator
In Kansas, Missouri and South Carolina: Mind Your Meds | HQIN









